## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

OMB Number:	3235-0287							
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Instruction 1(b	ı).		Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934	pursuant to Section 16(a) of the Securities Exchange Act of 1934							
	,		or Section 30(h) of the Investment Company Act of 1940	-	E						
1. Name and Add	1 6	J Person <sup>*</sup>	2. Issuer Name and Ticker or Trading Symbol HELIX ENERGY SOLUTIONS GROUP INC [ HLX ]		tionship of Reporting F all applicable) Director	10% Owner					
(Last)	(First)	(Middle)		X	Officer (give title below)	Other (specify below)					
3505 W SAM	( )	( )	3. Date of Earliest Transaction (Month/Day/Year) 09/19/2018		PRESIDENT	& CEO					
SUITE 400											
(Street)			4. If Amendment, Date of Original Filed (Month/Day/Year) 09/21/2018	6. Indiv Line)	<i>i</i> idual or Joint/Group Fi						
HOUSTON	ΤХ	77043		X	Form filed by One Re	eporting Person					
,					Form filed by More th Person	nan One Reporting					
(City)	(State)	(Zip)									

#### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code ( 8)					5. Amount of Securities Beneficially Owned Following Reported		7. Nature of Indirect Beneficial Ownership (Instr. 4)
		Code V		v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(11341.4)
Common Stock	09/19/2018(1)		S		110,000	D	<b>\$9.61</b> <sup>(2)</sup>	6,702,602 <sup>(3)</sup>	D	

	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned   (e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Exercise (Month/Day/Year) if any Code (Instr. ice of rivative (Month/Day/Year) 8)		of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

#### Explanation of Responses:

1. The correct Transaction Date was 09/19/2018, which was consistent with and reflected the reported Date of Earliest Transaction, and not 09/19/2019 as previously reported. The dates on the Form 4 for the transactions on September 20, 2018 and September 21, 2018 were correctly reported.

2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$9.57 to \$9.71, inclusive. The reporting person undertakes to provide Helix Energy Solutions Group, Inc., any security holder of Helix Energy Solutions Group, Inc., or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote of this Form 4.

3. Mr. Kratz disclaims beneficial ownership of 1,000,000 shares included in this amount, which shares are held by Joss Investments Limited Partnership, an entity in which he is a general partner.

### <u>/s/ Greg Sergesketter by power</u> <u>of attorney</u> <u>03/13/2020</u>

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).