Instruction 1(b).

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	$D \subset$	20549	
vasilligion,	D.C.	20349	

BENEFICIAL OWNERSHIP

STATEMENT C	F CHANGES IN
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OMB APPROVAL									
OMB Number:	3235-0287								
Estimated averag	ge burden								
hours nor resnon	se· 0.5								

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Gatti Amerino						2. Issuer Name and Ticker or Trading Symbol HELIX ENERGY SOLUTIONS GROUP INC [HLX]								all applicable) Director		ng Per	10% O	.0% Owner	
SAM HOU	,	,			3. Date of Earliest Transaction (Month/Day/Year) 04/01/2021												specify		
ON TX				4. If A	Amend	ment,	Date o	of Origina	al File	d (Month/Da	ıy/Year)	6. Indiv Line) X	Form Form	filed by On-	e Rep	orting Pers	son	
	Table	I - No	n-Deriva	tive S	Secu	rities	Acq	uired,	, Dis	posed of	, or E	Benef	icially	Own	ed				
Date		Date	Executions/Year) if any		recution Date, any						4 and Securi Benefi Owner		ties cially I Following	Form (D) o	n: Direct or Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
					Code V An					Amount	(A) (D)	or Pri	ice	Transaction(s) (Instr. 3 and 4)				(111341.4)	
Stock			04/01/2	2021				A		4,486	A	\$(0.00 ⁽¹⁾ 98,		8,423		D		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Executi if any	ion Date,	Code (8)	Instr.	of Deriv Secu Acqu (A) o Dispo of (D) (Instr and 5	vative prities priced r osed) r. 3, 4	6. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration			Amou or Numb of		Der Sec (Ins	ivative curity	derivative Securities Beneficiall Owned Following Reported	F lly D o	Ownership Form: Direct (D) or Indirect	Beneficial Ownership (Instr. 4)	
	(Fir SAM HOUS 1000 CON TX (State Security (Instance) Stock 2. Conversion or Exercise Price of Derivative	(First) (Pirst) (Pirst	(First) (Middle) SAM HOUSTON PARKWAY N. 100 ON TX 77043 (State) (Zip) Table I - No Security (Instr. 3) Stock Table II - Conversion or Exercise Price of Derivative (Month/Day/Year) (Month) [Middle] (A) (State) (Zip) Table II - 2. (Month/Day/Year) (Month) (Month/Day/Year) (Month)	(First) (Middle) SAM HOUSTON PARKWAY N. 1000 ON TX 77043 (State) (Zip) Table I - Non-Derivation (Month/Date (Month/Date)) Security (Instr. 3) 2. Transaction Date (Month/Date) Conversion or Exercise Price of Derivative (Month/Day/Year) 2. (Month/Day/Year) 3. Deemed Execution Date, if any (Month/Day/Year)	(First) (Middle) SAM HOUSTON PARKWAY N. 4. If A ON TX 77043 (State) (Zip) Table I - Non-Derivative Security (Instr. 3) Stock 7able II - Derivative Security (Month/Day/Year) Stock 1. Table II - Derivative Security (Month/Day/Year) 2. 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Transaction Date (If any (Month/Day/Year) 2. Transaction Date (J. Transaction Date (J. Transaction Code (Instr. 8)) 2. Transaction Date (J. Transaction Date (J. Transaction Code (Instr. 8)) 3. Transaction Date (J. Transaction Date (J. Transaction Code (Instr. 8)) 3. Transaction Date (J. Transaction Date (J. Transaction Code (Instr. 8)) 3. Transaction Date (J. Transaction Date (J. Transaction Code (Instr. 8)) 3. Transaction Date (J. Transaction Date (J. Transaction Code (Instr. 8)) 4. Transaction Date (J. Transaction Date (J. Transaction Code (Instr. 8)) 3. Transaction Date (J. Transaction Date (J. Transaction Code (Instr. 8)) 3. Transaction Date (J. Transaction Date (J. Transaction Code (Instr. 8)) 4. Transaction Date (J. Transaction Date (J. Transaction Code (Instr. 8)) 3. Transaction Date (J. Transaction Date (J. Transaction Code (Instr. 8)) 4. Transaction Date (J. Transaction Date (J. Transaction Code (Instr. 8)) 4. Transaction Date (J. Transaction Date (J. 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Transaction Date (e.g., puts, calls, warrants, options, of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) HELIX ENERGY SOLUTINC [HLX] 3. Date of Earliest Transaction (Month 04/01/2021 4. If Amendment, Date of Original Filed Execution Date, if any (Month/Day/Year) 5. Number of Date (Execution Date, if any (Month/Day/Year) 6. Date Exercise Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) Date	(First) (Middle) SAM HOUSTON PARKWAY N. (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of Oxide (Month/Day/Year) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of Oxide (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) Stock Table II - Derivative Securities Acquired, Disposed of Oxide (Instr. 8) Table II - Derivative Securities Acquired, Disposed of Oxide (Instr. 8) Table II - Derivative Securities Acquired, Disposed of Oxide (Instr. 8) Table II - Derivative Securities Acquired, Disposed of Oxide (Instr. 8) Table II - Derivative Securities Acquired, Disposed of Oxide (Instr. 8) Table II - Derivative Securities Acquired, Disposed of Oxide (Instr. 8) Date (Month/Day/Year) Date (Month/Day/Year) Date (Month/Day/Year) Date (Month/Day/Year) Date (Month/Day/Year) Date (Month/Day/Year) Date Expiration	HELIX ENERGY SOLUTIONS GROUND	(First) (Middle) SAM HOUSTON PARKWAY N. (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Benef Security (Instr. 3) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 3. Transaction Date (e.g., puts, calls, warrants, options, convertible securities Price of Derivative Securities Acquired (A) or Derivative Securities Acquired, Disposed of, or Benefic (e.g., puts, calls, warrants, options, convertible securities Price of Derivative Securities Acquired, Disposed of, or Benefic (e.g., puts, calls, warrants, options, convertible securities Price of Derivative Securities Acquired (A) or Derivative Securities A	HELIX ENERGY SOLUTIONS GROUP INC HLX	HELIX ENERGY SOLUTIONS GROUP INC [HLX] Incomplete Inco	HELIX ENERGY SOLUTIONS GROUP INC HLX SAM HOUSTON PARKWAY N.	HELIX ENERGY SOLUTIONS GROUP INC HLX Check all applicable X Director Officer (give title below)	HELIX ENERGY SOLUTIONS GROUP INC HLX Solution Incomplete Incomplete	

Explanation of Responses:

1. This restricted stock award was granted pursuant to the Company's 2005 Long Term Incentive Plan (as Amended and Restated effective May 15, 2019) and therefore has no purchase or sales price. This restricted stock award was received in lieu of quarterly fees related to the reporting person's service on the Board of Directors and its committees.

Remarks:

Ken Neikirk by power of

attorney

** Signature of Reporting Person Date

04/01/2021

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.