
**UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 OR 15(d) of The Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): August 27, 2008

Helix Energy Solutions Group, Inc.

(Exact name of registrant as specified in its charter)

Minnesota (State or other Jurisdiction of Incorporation)	001-32936 (Commission File Number)	95-3409686 (IRS Employer Identification No.)
400 North Sam Houston Parkway East, Suite 400 Houston, Texas (Address of Principal Executive Offices)		77060 (Zip Code)

Registrant's telephone number, including area code: **281-618-0400**

(Former name or former address if changed since last report.)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
 - Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
 - Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
 - Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
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Item 7.01 Regulation FD Disclosure.

On August 27, 2008, Helix issued a press release announcing that during the remainder of the year it would participate in the Lehman Brothers CEO Energy/Power Conference, the Johnson Rice Energy Infrastructure Conference, the Natixis Bleichroeder 2nd Annual Hidden Gems Conference and the 2008 Capital One Southcoast Energy Conference. Attached hereto as Exhibit 99.1 and incorporated by reference herein is the press release issued by Helix. The time of each presentation and the presentation materials for each such conference will also be posted in the Investor Relations section of Helix's website, www.HelixESG.com.

This information is not deemed to be "filed" for the purposes of Section 18 of the Securities Exchange Act of 1934, as amended ("Exchange Act"), or otherwise subject to the liabilities of that section, and such information is not incorporated by reference into any registration statements or other document filed under the Securities Act of 1933, as amended ("Securities Act"), or the Exchange Act, regardless of the general incorporation language contained in such filing, except as shall be expressly set forth by specific reference to this filing.

Item 9.01 Financial Statements and Exhibits.

(c) Exhibits.

<u>Number</u>	<u>Description</u>
99.1	Press Release of Helix Energy Solutions Group, Inc. dated August 27, 2008.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: August 27, 2008

HELIX ENERGY SOLUTIONS GROUP, INC.

By: /s/ Anthony Tripodo
Anthony Tripodo
Executive Vice President and Chief Financial Officer

Index to Exhibits

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PRESSRELEASE

www.HelixESG.com

Helix Energy Solutions Group, Inc. · 400 N. Sam Houston Parkway E., Suite 400 · Houston, TX 77060-3500 · 281-618-0400 · fax: 281-618-0505

For Immediate Release**08-015****Date: August 27, 2008****Contact: Anthony Tripodo
Title: Chief Financial Officer****Helix to Present at Industry Conferences In 2008**

HOUSTON, TX — Helix Energy Solutions (NYSE: HLX) announced today that it will discuss developments regarding its business and its strategy for the future at the following conferences during the remainder of 2008:

- The Lehman Brothers CEO Energy/Power Conference at the Sheraton New York Hotel and Towers in New York, New York on Wednesday, September 3, 2008;
- The Johnson Rice Energy Infrastructure Conference at the Windsor Court Hotel in New Orleans, Louisiana on Monday, October 6, 2008;
- The Natixis Bleichroeder 2nd Annual Hidden Gems Conference at the Waldorf-Astoria Hotel in New York, New York on Tuesday, October 14; and
- The 2008 Capital One Southcoast Energy Conference at the Windsor Court Hotel in New Orleans, Louisiana on December 8 and 9.

The time of each presentation and the accompanying slides will be available prior to each such presentation on the Helix website, www.HelixESG.com, by first clicking "Investor Relations" and then "Presentations".

Helix Energy Solutions, headquartered in Houston, Texas, is an international offshore energy company that provides reservoir development solutions and other contracting services to the energy market as well as to our own oil and gas business unit. Our contracting services segment utilizes our vessels and offshore equipment that when applied with our methodologies reduce finding and development costs and cover the complete lifecycle of an offshore oil and gas field. Our oil and gas segment engages in prospect generation, exploration, development and production activities. We operate primarily in the Gulf of Mexico, North Sea, Asia Pacific and Middle East Regions.