### FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

# STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
hours por rosponso:	0.5								

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*					2. Issuer Name and Ticker or Trading Symbol HELIX ENERGY SOLUTIONS GROUP									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
TRIPODO ANTHONY					INC [ HLX ]									X	Direc	tor		10% O	wner	
(Last)	(Fi	rst) (	Middle)			mo ( max )									X	Office				(specify
3505 W SAM HOUSTON PARKWAY N. SUITE 400						3. Date of Earliest Transaction (Month/Day/Year) 05/21/2015									Executive Vice President & CFO					
(Street)					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)					
HOUSTO	ON TX	<b>C</b> 7	77043												X	Form	n filed by One	e Reportin	g Pers	on
(Cit.)	(64	oto) (	7in)												Form filed by More than One Reporting Person					
(City)	(51	ate) (.	Zip)																	
		Tabl	e I - Nor	า-Deriv	ative	Sec	curitie	s Acc	Juired,	Dis	posed o	f, o	r Ben	efici	ally	Owne	ed			
1. Title of Security (Instr. 3)  2. Transa Date (Month/D.						Execution Date		Date,	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 5)				4 and Secu Bend Own		cially I Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
						Code	v	Amount		(A) or (D)	Price	,	Reported Transaction(s) (Instr. 3 and 4)				(111501.4)			
Common Stock					05/21/2015				S		4,561		D \$16		.6 <sup>(1)</sup>	5 <sup>(1)</sup> 177,214		D		
		Та									sed of, onvertib				y Ov	vned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/Da	Date, Transa Code (			of		6. Date E Expiratio (Month/D	n Dat		r) Am Sec Und Der		estr. 3	Deri Secu	rice of ivative curity ctr. 5)	9. Number or derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4	: t (D) lirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v			Date Exercisal		Expiration Date	Title	or Nur of	ount mber ares						

### **Explanation of Responses:**

1. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$16.46 to \$16.72, inclusive. The reporting person undertakes to provide Helix Energy Solutions Group, Inc., any security holder of Helix Energy Solutions Group, Inc., or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this foomote of this Form 4.

### Remarks:

/s/ Anthony Tripodo

05/22/2015

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.