FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average I	nurden								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

1. Name and Address of Reporting Person*

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

HELIX ENERGY SOLUTIONS GROUP

2. Issuer Name and Ticker or Trading Symbol

hours per response: 0.5

5. Relationship of Reporting Person(s) to Issuer (Check all applicable)

KRATZ OWEN E					<u>IX ENERGY</u> [HLX]	. 501	<u> </u>	IONS GIV	X	Director	10% Owner			
(Last) (First) (Middle)											Officer (give title below)	Other (specify below)		
400 N SAM HO	OUSTON PAI	RKWAY E			e of Earliest Transa /2009	ction (N	1onth/I	Day/Year)			PRESIDE	NT & CEO		
SUITE 400														
(Street)					nendment, Date of /2009	Origina	l Filed	(Month/Day/Y	Line)	vidual or Joint/Group	• • • • • • • • • • • • • • • • • • • •			
HOUSTON	TX	77060		X Form filed by One Reporting Person Form filed by More than One Reporting										
(City)	(State)	(Zip)								Person				
		Table I - No	n-Derivat	ive S	ecurities Acq	uired,	, Dis	posed of, o	or Bene	eficially	Owned			
1. Title of Security	/ (Instr. 3)		2. Transacti Date (Month/Day		2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code (8)		4. Securities A Disposed Of (5)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
						Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)	
Common Stock			03/03/2	009		A		24,700(1)	A	\$2.94	3,799,690(2)	D		
Common Stock			03/03/20	009		A		5,000	A	\$2.95	3,804,690	D		
Common Stock			03/03/20	009		A		14,500	A	\$2.96	3,819,190	D		
Common Stock			03/03/20	009		A		5,000	A	\$2.97	3,824,190	D		
Common Stock			03/03/20	009		A		13,700	A	\$2.98	3,837,890	D		
Common Stock			03/03/2	009		A		3,900	A	\$3.07	3,841,790	D		
Common Stock			03/03/2	009		A		4,000	A	\$3.08	3,845,790	D		
Common Stock			03/03/2	009		A		600	A	\$3.14	3,846,390	D		
Common Stock			03/03/2	009		A		1,300	A	\$3.16	3,847,690	D		
Common Stock			03/03/2	009		A		1,600	A	\$3.17	3,849,290	D		
Common Stock			03/03/2	009		A		13,000	A	\$3.21	3,862,290	D		
Common Stock			03/03/2	009		A		58,000	A	\$3.22	3,920,290	D		
Common Stock			03/03/2	009		A		6,000	A	\$3.23	3,926,290	D		
Common Stock			03/03/2	009		A		14,400	A	\$3.24	3,940,690	D		
Common Stock			03/03/2	009		A		10,000	A	\$3.25	3,950,690	D		
Common Stock			03/03/2	009		A		14,800	A	\$3.26	3,965,490	D		
Common Stock			03/03/2	009		A		5,000	A	\$3.28	3,970,490	D		
Common Stock			03/03/2	009		A		20,000	A	\$3.29	3,990,490	D		
Common Stock			03/03/2	009		A		24,800	A	\$3.3	4,015,290	D		
Common Stock			03/03/2	009		A		5,400	A	\$3.31	4,020,690	D		
Common Stock			03/03/2	009		A		5,900	A	\$3.32	4,026,590	D		
Common Stock			03/03/2	009		A		10,000	A	\$3.33	4,036,590	D		
Common Stock			03/03/2	009		A		10,000	A	\$3.34	4,046,590	D		
Common Stock			03/03/2	009		A		25,000	A	\$3.35	4,071,590	D		
Common Stock			03/03/2	009		A		10,000	A	\$3.37	4,018,590	D		
Common Stock			03/03/2	009		A		5,000	Α	\$3.38	4,086,590	D		

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Ta Date (Month/Day/Year)	Iffe TremBerival Execution Date, if any (e.g., p (Month/Day/Year)	itye S Transa Uts _{je} Q 8)	ecuri	the support to of the support to of the support of	ifeatesien Expiration de Optionsyn	iseetrof, ^{ate} ୟସନ୍Vertib	Dr Burneficiall Amount of Geographities) Underlying Derivative Security (Instr. 3 and 4)	y Origina et Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		BnNishnber of Derivative Securities Acquired (A) or (A) pos(60)	6. Date Exerc Expiration Do (Month/Day/) Date Exercisable	te	7. Title and Amount of Securifiemount Underlying Derivativember Securify(Instr. 3 Title4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
Explanation	of Respons	es:				of (D) (Instr. 3, 4					Transaction(s) (Instr. 4)		
1. Correction	to reflect a typ	ographical error.		'	1	and 5)	'	'					'
2. Mr. Kratz also has indirect holdings of 1,000,000 shares owned by Joss Investments Limited Partnership, the general partner of which is amount that Mr. Kratz controls.													
Remarks	: 			Code	 v	(A) (D)	Date Exercisable	Expiration Date /s/	or Number of Michael Overn	l lan by	 	 	
				Juc		(19)			viicidel Overii		L03/04/200	9	

Power of Attorney

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{**} Signature of Reporting Person

 $^{^{\}star}$ If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).