UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): August 28, 2008

Helix Energy Solutions Group, Inc. (Exact name of registrant as specified in its charter)

Minnesota	001-32936	95-3409686			
(State or other Jurisdiction of Incorporation)	(Commission File Number)	(IRS Employer Identification No.)			
400 N. Sam Houston Parkway E	., Suite 400				
Houston, Texas		77060			
(Address of Principal Executive	e Offices)	(Zip Code)			
	telephone number, including area code: 2 name or former address if changed since 1				
Check the appropriate box below if the Forunder any of the following provisions:	m 8-K filing is intended to simultaneously	satisfy the filing obligation of the registrant			
o Written communications pursuant to Rule	2 425 under the Securities Act (17 CFR 23	0.425)			
o Soliciting material pursuant to Rule 14a-1	2 under the Exchange Act (17 CFR 240.1	4a-12)			
o Pre-commencement communications purs	suant to Rule 14d-2(b) under the Exchang	e Act (17 CFR 240.14d-2(b))			
o Pre-commencement communications purs	suant to Rule 13e-4(c) under the Exchange	e Act (17 CFR 240.13e-4(c))			

Item 7.01 Regulation FD Disclosure.

On August 28, 2008 Helix posted on its website certain supplemental financial information. The supplemental financial information is attached hereto as Exhibit 99.2 and incorporated by reference herein. The supplemental materials will also be posted beginning on August 28, 2008 in the *Presentations* section under *Investor Relations* of Helix's website, www.helixesg.com.

This information is not deemed to be "filed" for the purposes of Section 18 of the Securities Exchange Act of 1934, as amended ("Exchange Act"), or otherwise subject to the liabilities of that section, and such information is not incorporated by reference into any registration statements or other document filed under the Securities Act of 1933, as amended ("Securities Act"), or the Exchange Act, regardless of the general incorporation language contained in such filing, except as shall be expressly set forth by specific reference to this filing.

Item 9.01 Financial Statements and Exhibits.

(c) Exhibits.	
Number	Description
99.1	Supplemental Financial Information.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: August 28, 2008

HELIX ENERGY SOLUTIONS GROUP, INC.

By: /s/ Anthony Tripodo

Anthony Tripodo
Executive Vice President and Chief Financial Officer

Index to Exhibits

Exhibit No.	Description		
99.1	Supplemental Financial Information.		

Helix Energy Solutions Group, Inc. Supplemental Financial Information — Contracting Services (\$ amounts in millions)

Revenues (A):	Quarter Ended						
	June 30				March 31		
		2008	2007		2008		
Deepwater Contracting	\$	160	\$	83	\$	150	
Well Operations		58		63		25	
Reservoir / Well Technology		10		9		9	
Total Revenues	<u>\$</u>	228	<u>\$</u>	155	\$	184	
Gross Profit (B):							
Deepwater Contracting	\$	25	\$	19	\$	36	
Well Operations		23		21		1	
Reservoir / Well Technology		3		3		2	
Total Revenues	\$	51	\$	43	\$	39	

⁽A) Represents revenue before intercompany eliminations of \$43, \$17 and \$42 for the the periods ended June 30 2008, June 30, 2007 and March 31, 2008, respectively.

⁽B) Represents gross profit before intercompany eliminations of \$3, \$1 and \$3 for the periods ended June 30 2008, June 30, 2007 and March 31, 2008, respectively.