UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Form 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): March 3, 2017



Helix Energy Solutions Group, Inc.

(Exact name of registrant as specified in its charter)

Minnesota (State or other jurisdiction of incorporation) 001-32936 (Commission File Number) 95-3409686 (IRS Employer Identification No.)

77043

(Zip Code)

3505 West Sam Houston Parkway North, Suite 400 Houston, Texas (Address of principal executive offices)

281-618-0400 (Registrant's telephone number, including area code)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

Uritten communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

| || Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

| Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

| Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 7.01 Regulation FD Disclosure.

Helix Energy Solutions Group, Inc. (the "Company") is disclosing an updated Company presentation to be used in Raymond James 38th Annual Institutional Investors Conference on March 6, 2017. The presentation materials are attached hereto as Exhibit 99.1 and incorporated by reference herein. The presentation materials will also be posted in the *Presentations* section under *Investor Relations* of Helix's website, <u>www.HelixESG.com</u>.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits.				
Number	Description			
99.1	Materials to be presented at Raymond James Investors Conference.			

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: March 3, 2017

HELIX ENERGY SOLUTIONS GROUP, INC.

By: /s/ Anthony Tripodo

Anthony Tripodo Executive Vice President and Chief Financial Officer

Number	Description

99.1 Materials to be presented at Raymond James Investors Conference.





Raymond James 38th Annual Institutional Investors Conference

March 6, 2017

Forward Looking Statements



This presentation contains forward-looking statements that involve risks, uncertainties and assumptions that could cause our results to differ materially from those expressed or implied by such forward-looking statements. All statements, other than statements of historical fact, are "forward-looking statements" within the meaning of the Private Securities Litigation Reform Act of 1995, including, without limitation, any statements regarding our strategy; any statements regarding visibility and future utilization; any projections of financial items; any statements regarding future operations expenditures; any statements regarding the plans, strategies and objectives of management for future operations; any statements concerning developments; any statements regarding future economic conditions or performance; any statements of expectation or belief; and any statements of assumptions underlying any of the foregoing. The forward-looking statements are subject to a number of known and unknown risks, uncertainties and other factors including but not limited to the performance of contracts by suppliers, customers and partners; actions by governmental and regulatory authorities; operating hazards and delays; our ultimate ability to realize current backlog; employee management issues; complexities of global political and economic developments; geologic risks; volatility of oil and gas prices and other risks described from time to time in our reports filed with the Securities and Exchange Commission ("SEC"), including the Company's most recently filed Annual Report on Form 10-K and in the Company's other filings with the SEC, which are available free of charge on the SEC's website at www.sec.gov. We assume no obligation and do not intend to update these forward-looking statements except as required by the securities laws

Social Media

From time to time we provide information about Helix on Twitter (<u>@Helix ESG</u>) and LinkedIn (<u>www.linkedin.com/company/helix-energy-solutions-group</u>).

Who We Are





Helix is a specialty deepwater service provider to the offshore energy industry, focusing on expanding our subsea infrastructure services in Well Intervention and Robotics.

Deepwater Subsea Services



Well Intervention

Entering a wellbore to initiate, enhance, restore or decommission production as part of the well's natural life cycle.

Robotics

Providing remotely operated vehicles (ROVs) to perform deepwater service tasks beyond the reach of dive crews.

Why focus on these disciplines?

- Low F&D cost for enhanced reserves
- Extended well life via intervention defers cessation of production and P&A liability
- P&A is regulatory driven; eventually, demand should increase over time and typically accelerates in downturns
- Demand for a more cost effective solution to rigs
- Robotics is essential for credible quality performance in deepwater operations

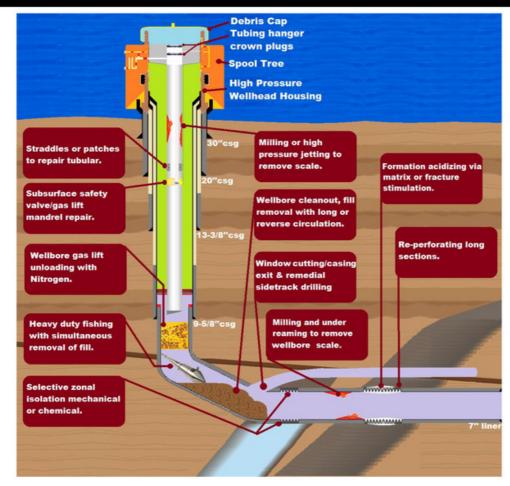
Well Intervention





Well Intervention Overview

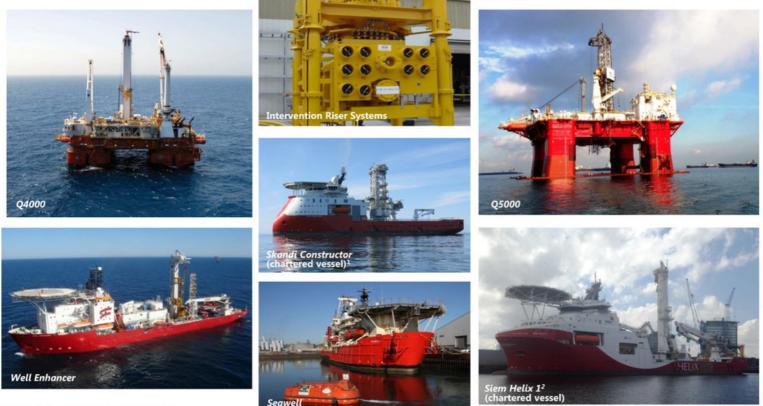




Navigating the present, focusing on the future.

Well Intervention Current Asset Base





Note: *H534* vessel sold in late December 2016 ¹Leaving fleet at the end of its charter period on March 31, 2017 ²Arrived Brazil Q3 2016; undergoing vessel inspection and acceptance 7

Future Well Intervention Growth





Q7000 - Under Construction



Intervention Riser Systems¹



Siem Helix 2 (chartered; estimated in service late 2017)

SUBSEA SERVICES ALLIANCE

Helix | Schlumberger

¹Includes the industry's first purpose-built 15k system and 18¾" riserless system

Subsea Services Alliance





- Vessels-experienced crews
- Intervention systems
- WROV services for well operations



- Tooling and interface solutions
- Tooling and interface management
- Subsea equipment solutions

Schlumberger

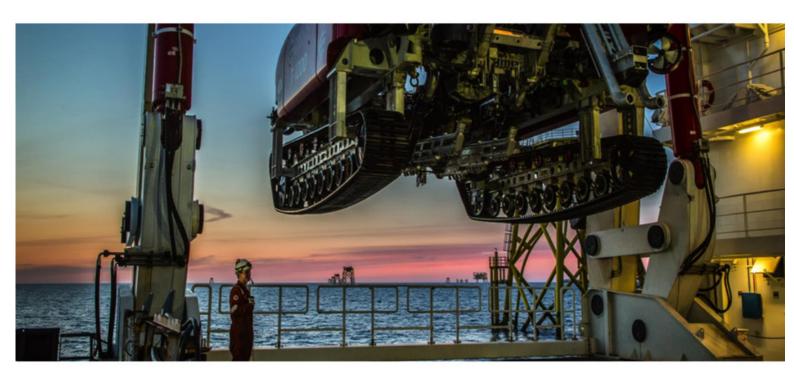
- Well intervention
- Pumping and stimulation
- Downhole measurements
- Integrated crews
- Emerging technology
- Project management

SUBSEA SERVICES ALLIANCE

Helix Schlumberger

Robotics





Robotics Assets





52 Workclass ROVs

The backbone of the fleet, capable of performing a broad array of subsea construction and well intervention tasks



5 Trenchers

The key to pipeline installation in heavily trafficked waters



2 ROVDrills

Provide seabed composition intelligence for subsea construction and subsea mining operations

Chartered Vessel Fleet



- Currently three vessels active under long-term charter
- Grand Canyon III scheduled to enter the fleet in May 2017
- Spot vessels have historically been added and subtracted to the chartered vessel fleet as market demand requires





What Sets Helix Apart in Robotics





Oil & Gas





Subsea Mining



Specialty Services

- Helix charters its ROV support vessels, ensuring a modern fleet that can expand and contract based on regional requirements and market conditions
- A fleet of advanced vehicles, including several units custom built to our specifications
- An industry leader in subsea trenching
- Leading provider for trenching, cable burial and ROV support for offshore wind farm development
 - o Current focus on export lines (field to shore)
 - o Future opportunities in-field (inter-array cable installation)

Production Facilities





Production Facilities



Helix Producer / FPU (100%)

- Location: Phoenix Field (GOM)
- Production handling contract recently extended through June 2023

Helix Fast Response System

- Retained fee contract to provide GOM spill response services, includes *Q4000*, *Helix Producer I* and well containment system
- Contract recently extended to March 2019, at lower rates

Independence Hub Semi (20%)

• Likely to be decommissioned

Production Facilities contributed \$47 million in EBITDA in 2016



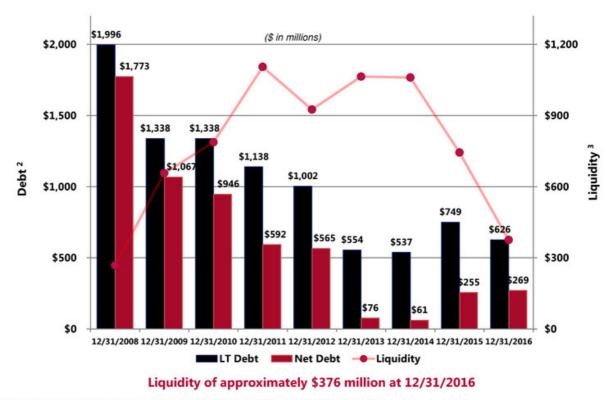
Key Financial Metrics





Debt & Liquidity Profile¹

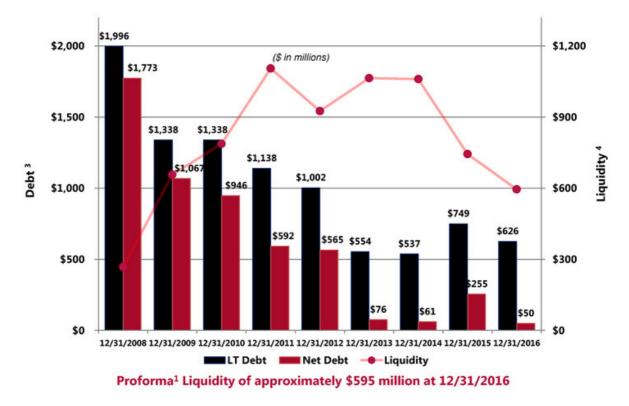




¹Adjusted for new debt issuance cost accounting presentation, net of unamortized debt issuance costs (deferred financing costs) ²Net of unamortized debt discount under our Convertible Senior Notes due 2022 and Convertible Senior Notes due 2032. Net debt is calculated as total long-term debt less cash and cash equivalents ³Liquidity is calculated as the sum of cash and cash equivalents (\$357 million) and available capacity under our revolving credit facility (\$19 million of the \$400 million facility based on TTM EBITDA as defined by the credit agreement)

Proforma¹ Debt & Liquidity Profile²





¹Proforma 12/31/2016 for equity offering completed in January 2017, with net proceeds of approximately \$220 million

²Adjusted for new debt issuance cost accounting presentation, net of unamortized debt issuance costs (deferred financing costs) ³Net of unamortized debt discount under our Convertible Senior Notes due 2022 and Convertible Senior Notes due 2032. Net debt is calculated as total long-term debt less cash and cash equivalents ⁴Liquidity is calculated as the sum of cash and cash equivalents (\$576 million) and available capacity under our revolving credit facility (\$19 million of the \$400 million facility based on TTM EBITDA as defined by the credit agreement)

Navigating the present, focusing on the future.

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Debt Instrument Profile



Total funded debt¹ of \$657 million at end of Q4 2016

- \$60 million Convertible Senior Notes due 2032 3.25%²
- \$125 million Convertible Senior Notes due 2022 4.25%
- \$192 million Term Loan LIBOR + 4.50%
 - Annual amortization payments of 10%
- \$83 million MARAD Debt 4.93%
 - o Semi-annual amortization payments
- \$197 million Q5000 Loan LIBOR + 2.50%³
 - Annual amortization payments of 14% over 5 years with a final balloon payment

\$400 \$269 \$300 \$174 \$200 \$96 \$68 \$100 \$43 \$7 \$0 2022-2021 2017 2010 2020 2021 2019

Debt Instrument Profile at 12/31/2016 Principal Payment Schedule

(\$ in millions)

Term Loan CSN 2032 MARAD Q5000 Loan CSN 2022

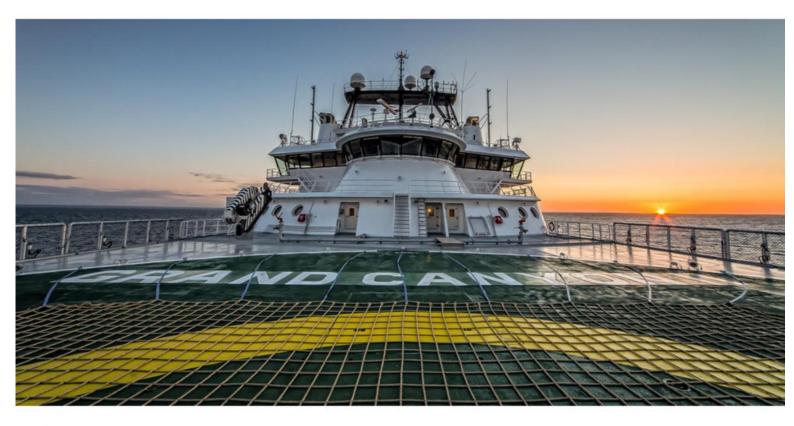
¹ Excludes unamortized debt discount and debt issuance costs

² Stated maturity 2032. First put/call date March 2018
³ We have fixed through April 2020 the LIBOR interest rate on 75% of the Q5000 Loan debt at 1.51% utilizing interest rate swaps

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2017 Outlook





2017 Outlook: Forecast



(\$ in millions)	2017 Outlook	-	2016 Actual	
REVENUES	~ 575	\$	488	
EBITDA ¹	~ 120-140		90	
CAPEX	~ 200		189	
Revenue Split:				
Well Intervention	\$ 390	\$	294	
Robotics	150		161	
Production Facilities	65		72	
Elimination	(30)		(39)	
Total	~ 575	\$	488	

Key forecast assumptions:

- Siem Helix 1 start-up in late Q1 2017
- Siem Helix 2 start-up in mid-Q4 2017
- Increased North Sea well intervention activities
- Robotics activity continues to be depressed
- Improved operational efficiency for Q5000

¹EBITDA is a non-GAAP measure. See non-GAAP reconciliation on slide 27.

2017 Outlook: Well Intervention



- Total backlog as of December 31, 2016 was approximately \$1.9 billion
- The Q4000 has high utilization forecasted for 2017; vessel estimated to be out of service for approximately 45 days, starting late first quarter, to carry out ABS regulatory dry dock; the estimated 45 day dry dock could vary significantly based on actual observations when vessel enters dry dock
- The Q5000 is under contract for BP; high utilization forecasted for 2017
- IRS #1 is actively marketed as a rental unit; short term project in Q1 2017
- Completion of 15K IRS system and ROAM second half of 2017
- The *Seawell* commenced operations in early February with committed intervention projects until mid-November; all work is expected to require diving support
- The *Well Enhancer* began 2017 idle; operations commenced early February with committed work until August; high utilization is forecasted through mid-November
- Skandi Constructor idle; charter expires at the end of Q1 2017
- Siem Helix 1 expected to be placed in service in late Q1 2017, subject to Petrobras acceptance testing
- Siem Helix 2 topside equipment installation scheduled to begin in Q1 2017; contract revenues estimated to start in Q4 2017

2017 Outlook: Robotics



- Utilization for our Robotics fleet will be challenging in 2017, much like 2016
- Seasonal factors will continue to significantly impact utilization during the winter months; expected improvement in utilization from late spring through late fall of 2017
- Chartered vessel fleet is scheduled to increase with the delivery of the Grand Canyon III in Q2 2017
- Trenching work days in 2017 are expected to increase compared to 2016; renewables trenching market is expected to cycle up in 2017 with continued improvement through 2018

2017 Outlook: Capital Expenditures



2017 Capital Expenditures¹ is currently forecasted at approximately \$200 million, consisting of the following:

- Growth Capex \$185 million in growth capital, primarily for newbuilds currently underway, including:
 - o \$90 million for Q7000
 - o \$75 million for Siem Helix 1 and Siem Helix 2
 - \$20 million for intervention systems
- Maintenance Capex \$15 million for vessel maintenance and intervention system maintenance, including:
 - o \$10 million for Q4000 and other dry dock
 - \$5 million for intervention systems

¹Capital expenditures excludes approximately \$27 million of deferred mobilization costs for *Siem Helix 1* and *Siem Helix 2* in 2017. Deferred mobilization costs for *Siem Helix 1* were approximately \$32 million in 2016.

2017 Outlook



Balance Sheet

- In Q1 2017 we received net proceeds of approximately \$220 million associated with the public offering of approximately 26.5 million shares of our common stock; proceeds will be used for general corporate purposes, which may include debt repayment
- Our total funded debt level is scheduled to decrease by \$68 million (\$657 million at 12/31/16 to \$589 million at 12/31/17) as a result of scheduled principal repayments; the senior portion of our debt at year-end 2016 was \$460 million and is scheduled to decrease to \$428 million at year-end 2017

Non-GAAP Reconciliation





Non-GAAP Reconciliation



(\$ in millions)		Twelve Months Ended		
	12/3	12/31/2016		
Netloss		(81)		
Adjustments:				
Income tax benefit		(12)		
Net interest expense		31		
Loss on repurchase of long-term debt		4		
Other income, net		(4)		
Depreciation and amortization		114		
Goodwill impairment		45		
Non-cash loss on equity investment		2		
EBITDA		99		
Adjustments:				
Gain on disposition of asset, net		(1)		
Cash settlements of ineffective foreign currency exchange contracts		(8)		
Adjusted EBITDA	\$	90		

We define EBITDA as earnings before income taxes, net interest expense, loss on repurchase of long-term debt, net other income or expense, and depreciation and amortization expense. Non-cash goodwill impairment charge and non-cash loss on equity investment are also added back if applicable. To arrive at our measure of Adjusted EBITDA, we exclude gain on disposition of assets. In addition, we include realized losses from the cash settlements of our ineffective foreign currency exchange contracts, which are excluded from EBITDA as a component of net other income and expense. We use EBITDA to monitor and facilitate external comparison of our business results to those of others in our industry, to analyze and evaluate financial strategic planning decisions regarding future investments and acquisitions, to plan and evaluate operating budgets, and in certain cases, to report our results to the holders of our debt as required by our debt covenants. We believe that our measure of EBITDA provides useful information to the public regarding our ability to service debt and fund capital expenditures and may help our investors understand our operating performance and compare our results to other companies that have different financing, capital and tax structures. Other companies may calculate their measures of EBITDA and Adjusted EBITDA differently from the way we do, which may limit their usefulness as comparative measures. EBITDA and Adjusted EBITDA and adjusted EBITDA should not be considered in accordance with GAAP. Non-GAAP financial measure should be viewed in addition to, and not as an alternative to, our reported results prepared in accordance with GAAP. Users of this financial information should consider the types of events and transactions that are excluded from these measures.





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