SEC Form 4	
FORM	4

UNITED STATES	SECURIT	IES	AND	<b>EXCHA</b>	NGE	COMMIS	SION

Washington, D.C. 20549

et to

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is
intended to satisfy the affirmative defense conditions of Rule 10b5- 1(c). See Instruction 10.

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

1. Name and Address of Reporting Person*	2. Issuer Name and Ticker or Trading Symbol HELIX ENERGY SOLUTIONS GROUP	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)
<u>TRANSIER WILLIAM L</u>	INC [ HLX ]	Director 10% Owner
(Last) (First) (Middle) 3505 WEST SAM HOUSTON PKWY NORTH SUITE 400	3. Date of Earliest Transaction (Month/Day/Year) 12/06/2024	Officer (give title Other (specify below) below)
	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable
Street) HOUSTON TX 77043		Line) Form filed by One Reporting Person Form filed by More than One Reporting Person
(City) (State) (Zip)		

## Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)			4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			Securities Beneficially	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Ownership
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock	12/06/2024		F		6,293 <sup>(1)</sup>	D	\$10.49	181,710	D	

## Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

			(e.g., pt	113, 00	ano, 1	varie	anto,	options, c	,onvertib	10 30	cunties	)				L
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	ate, Transaction of Code (Instr. De 8) Ac (A) Dis of (In					ate	Amou Secu Unde Deriv Secu	Amount of Becurities Underlying Derivative Security (Instr. 5) Bene Own Security (Instr. 4) Security (Instr. 5) Bene Own Follo Repo Trans		9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares					

## Explanation of Responses:

1. These shares were forfeited to satisfy tax obligations related to the vesting of the reporting person's restricted stock award.

Ken Neikirk by power of <u>attorney</u> <u>1</u>

12/09/2024

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $^{\ast}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.