[] Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instructions ${\bf 1}({\bf b})$.

U.S. SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Sec Section 17(a) of t Section 30(he Public Ut		mpany Act of	f 1935 or	1,			
1. Name and Address of F	Reporting Per	son						
Ahalt Go	ordon	F.						
(Last) (Fi	rst)	(Middle)						
Amherst Mews, 67 Dicki	nson Rd.							
(St	reet)							
Basking Ridge	NJ	07920						
(City)	(State)	(Zip)						
2. Issuer Name and Ticke	er or Trading	Symbol						
Cal Dive International	, Inc. "CDIS	"						
3. IRS or Social Securit	y Number of	Reporting Person	(Voluntary)				
###-##-###								
4. Statement for Month/Y	'ear							
JAN 2000								
5. If Amendment, Date of	Original (M	onth/Year)	 					
Relationship of Repor (Check all applicable		to Issuer						
[] 10% Owner [X] Director [] Officer (give tit [] Other (specify be								
7.Individual or Joint Gr	oup Filing (check applicable	e line)					
[X] Form filed by one r	eporting per	son						
[] Form Filed by more	than one rep	orting person						
TABLE INon-Derivative	Securities A	cquired, Dispose	ed of, or Bei	neficially	/ Owned			
1.	2.	3.		4.		5.	6.	7.
						Amount of	Owner- ship Form: Direct (D) or Indirect	Nature of Indirect Beneficial
Title of	Trans- action Date (Month/	Trans- action Code (Instr. 8)	or Dispo	ies Acqui osed of (I 3, 4 and	0)	Securities Beneficially Owned at End of Month		
Security	Day/	Code V	Amount	(A) or	Price	(Instr. 3 and 4)	(I)	Ownership
(Instr. 3)	Year) 	code v		(D)		3 and 4)	(Instr. 4)	(Instr. 4)
Cal Dive International,	0.40.00	0	40.000		00 4570			N/ 4
Inc. Common Stock Cal Dive Internationl,	2-18-00	S -	12,000		36.4573		D	N/A
Inc. Common Stock	2-23-00	S -	1,000	D	38.2500	19,000		
Reminder: Report on a se owned directly		for each class o ly. (Print or T			ially			
					Page 2			
FORM 4 (continued)								

TABLE II--Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g. puts, calls, warrants, options, convertible securities)

1.	2.	3.	4.	5.	6.	7.	8.	9.	10.	11.
	Conver- sion or	Trans-	Trans- action	Number of Derivative Securities Acquired (A) or Disposed	Date Exer- cisable and Expiration Date (Month/ Day/Year)	Title and Amount of Underlying Securities (Instr. 3 and 4)	Price of Deriv-	Number of Derivative Securities Benefi-	Ownership Form of Deriv- ative Security: Direct	

Title of Derivative Security (Instr. 3)	Exercise Price of Deriv- ative Security	action Date (Month/ Day/ Year)	Code (Inst 8) Code			D) tr. 3, nd 5) (D)	Date Exer- cis- able	Expir- ation Date	Title	Amount or Num- ber of Shares	ative Secur- ity (Instr. 5)	cially Owned at End of Month (Instr. 4)	(D) or Indirect (I) (Instr. 4)	Nature of Indirect Beneficial Ownership (Instr. 4)
Option Purchase	4.50	2-18-00	М	-	-	12,000	11-12-99	11-15-0	0 N/A	12,000	\$36.4573	10,000	D	N/A
Explanation of Responses:														

/s/ GORDON F. AHALT 2-28-00

** Signature of Reporting Person Date

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, see Instruction 6 for procedure.