FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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0.5

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

					or s	Section	on 30(n)	of the I	investme	ent Co	mpany Act	of 194	0						
1. Name and Address of Reporting Person * Johnson Alisa B					HE	2. Issuer Name and Ticker or Trading Symbol HELIX ENERGY SOLUTIONS GROUP INC [HLX]								5. (C	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify below) SVP, GEN COUNSEL & CORP SEC				
(Last) (First) (Middle) 400 N SAM HOUSTON PARKWAY E, SUITE 400						3. Date of Earliest Transaction (Month/Day/Year) 09/18/2007													
(Street) HOUSTON TX 77060 (City) (State) (Zip)				4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
		Tabl	e I - Noi	n-Deriv	ative	Se	curitie	s Ac	quired	, Dis	posed o	f, or	Ben	eficia	ılly (Owne	ed		
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)					Execution Date,		Transaction Disposed Code (Instr. 5)			ties Acquired (A) d Of (D) (Instr. 3,			4 and Sec Ber		ount of ities icially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code	v	Amount	(A) or D)	Price		Transaction(s) (Instr. 3 and 4)			(111341. 4)
Common Stock 09/18/					3/2007	2007		F		1,394		D \$40		.35 25,068 ⁽¹⁾		D			
		Та									sed of, onvertib				y Ov	vned			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/Da	Date, T	4. Transa Code (8)				Expirati (Month/	on Dat	ear)	or Num		ount			9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	of Sha	ıres					

Explanation of Responses:

1. Ms. Johnson's direct holdings include 268 shares acquired in July 2007, through the Company's Employee Stock Purchase Plan.

Remarks:

/s/ Alisa B. Johnson

09/18/2007

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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