UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): January 2, 2009

Helix Energy Solutions Group, Inc.

(Exact name of registrant as specified in its charter)

Minnesota	001-32936	95-3409686		
(State or other Jurisdiction of Incorporation)	(Commission File Number)	(IRS Employer Identification No.)		
400 North Sam Houston Parkway E	Cast, Suite 400			
Houston, Texas		77060		
(Address of Principal Executive	Offices)	(Zip Code)		
(Former r	name or former address if changed since l	ast report.)		
Check the appropriate box below if the Foru under any of the following provisions:	n 8-K filing is intended to simultaneously	y satisfy the filing obligation of the registrant		
o Written communications pursuant to Rule	425 under the Securities Act (17 CFR 23	30.425)		
o Soliciting material pursuant to Rule 14a-1	2 under the Exchange Act (17 CFR 240.)	14a-12)		

o Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

o Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

On January 2, 2009, the Compensation Committee (the "Committee") of the Board of Directors of Helix Energy Solutions Group, Inc. ("Helix") adopted and approved the 2009 Long-Term Incentive Cash Plan (the "Plan") to provide certain long-term cash based compensation to eligible employees of Helix. Pursuant to the Plan cash awards may have performance-based vesting or time-based vesting or both. The terms of each award are to be set forth in an Award Letter (an "Award Letter") with such terms and provisions as the Committee or other administrator may determine.

Set forth below is a summary of the Plan and the Award Letters, each of which is qualified in its entirety by the full text of the Plan and Award Letter, as applicable, which are attached hereto as Exhibits 10.1 and 10.2.

- Awards. The Plan permits the grant of cash incentive awards to eligible participants, payable upon the expiration of certain time-based vesting requirements or upon the attainment of performance goals determined by the Committee or other administrator.
- Administration. With respect to awards to participants who are officers of the Company for purposes of Section 16 of
 the Securities Exchange Act of 1934 ("Section 16 Officers"), the Plan will be administered by the Committee. With
 respect to awards to all other participants, the Plan will be administered by such officers to whom the Committee has
 delegated authority to administer the Plan (collectively with the Committee, the "Administrator").
- Eligible Participants. All employees of the Company or its affiliates who are regular employees are eligible to receive an award.
- Performance Goals. The Administrator may select one or more performance metrics to establish the applicable performance goals. Awards under the Plan are not required to contain performance goals. Any performance goal will be set forth in the participant's Award Letter.
- Award Term. Awards will be measured and vest over such period of time as shall be established by the Administrator and may be divided into, and the achievement of performance goals determined in, a number of periods.
- Eligibility for Payment. Unless otherwise determined by the Administrator in its sole discretion, a participant must be an employee on the applicable anniversary of the award in the case of a time-based award, or the day after the applicable measurement period in the case of performance-based awards, to be eligible for payment of an award.
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- Payment upon a Change of Control. Unless otherwise provided in the Award Letter, in the event of a change of control, as defined in the Plan, prior to the end of the term, then the performance goals shall be deemed to have been satisfied as of the date of the change of control and any time-based awards shall immediately vest.
- Award Letters. All Awards shall be set forth in an Award Letter setting forth the terms and conditions of each award.
- Amendment and Termination. The Plan may be amended, or terminated by the Board or the Committee at any time.

In addition, the Committee determined the base salaries, the Long-Term Incentive Cash Award, the 2009 Target Bonus and granted awards of restricted stock under our 2005 Long Term Incentive Plan, for each of the executive officers of Helix. The following table sets forth the base salary, Long-Term Incentive Cash Award and the 2009 Target Bonus for each executive officer listed in the "Summary Compensation Table" in Helix's proxy statement for its 2008 annual meeting of stockholders who will continue to be employed by Helix during calendar 2009 and the number of shares of restricted stock awarded to each such executive officer:

Ba	ase Salarv	Lon	g-Term Incentive	Shares of Restricted	20)09 Target
	(1)		0	Stock(3)		Bonus
\$	700,000	\$	2,476,628	72,289	\$	1,400,000
\$	450,000	\$	1,651,083	48,193	\$	600,000
\$	450,000	\$	1,651,083	48,193	\$	600,000
\$	275,000	\$	430,214	9,639	\$	225,000
	\$ \$	\$ 700,000 \$ 450,000 \$ 450,000	(1) \$ 700,000 \$ \$ 450,000 \$ \$ 450,000 \$	(1) Cash Award(2) \$ 700,000 \$ 2,476,628 \$ 450,000 \$ 1,651,083 \$ 450,000 \$ 1,651,083	Base Salary (1) Long-Term Incentive Cash Award(2) Restricted Stock(3) \$ 700,000 \$ 2,476,628 72,289 \$ 450,000 \$ 1,651,083 48,193 \$ 450,000 \$ 1,651,083 48,193	Base Salary (1) Long-Term Incentive Cash Award(2) Restricted Stock(3) 20 (1) \$ 700,000 \$ 2,476,628 72,289 \$ \$ 450,000 \$ 1,651,083 48,193 \$ \$ 450,000 \$ 1,651,083 48,193 \$

- (1) Base salary will be effective as of January 1, 2009. Except for Mr. Hajdik, the 2009 base salaries are the same as each executive officer's 2008 base salary.
- (2) Long-Term Incentive Cash Award Letters to each executive officer will be issued pursuant to the Plan. The cash award will vest 20% per year for a five-year period beginning on January 2, 2010 or upon such other events described in the Award Letter. The amount payable under each such award is calculated based on the increase or decrease of Helix's stock price on the applicable vesting date compared to \$7.24. The maximum amount payable based upon the award is two (2) times the target award described above.

(3) The number set forth under restricted stock issuance is equal to the number of shares of restricted stock received by the applicable executive officer in January 2008. Each officer received the same number of shares of restricted stock on January 2, 2009.

The 2009 cash bonus will be determined and paid in approximately March 2010 based on the achievement of certain Company performance objectives as determined by the Compensation Committee and as described in the Company's proxy statement for the annual meeting of stockholders. The 2009 cash bonus amounts may be adjusted in the complete discretion of the Compensation Committee.

Information related to the other elements of total compensation for these executive officers will be disclosed in Helix's 2009 Proxy Statement to the extent required by the rules related to proxy statements and the disclosure of executive compensation.

Item 9.01 Financial Statements and Exhibits.

(c) Exhibits.

Number	Description
10.1	2009 Long-Term Incentive Cash Plan for Helix Energy Solutions Group, Inc.
10.2	Form of Award Letter to be used in connection with the 2009 Long-Term Incentive Cash Plan.

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: January 6, 2009

HELIX ENERGY SOLUTIONS GROUP, INC.

By: /s/ Anthony Tripodo

Anthony Tripodo Executive Vice President and Chief Financial Officer

Index to Exhibits

Exhibit No.	Description
10.1	2009 Long-Term Incentive Cash Plan for Helix Energy Solutions Group, Inc.

10.2 Form of Award Letter to be used in connection with the 2009 Long-Term Incentive Cash Plan.

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HELIX ENERGY SERVICES GROUP, INC. 2009 LONG-TERM INCENTIVE CASH PLAN

As adopted by the Compensation Committee of the Board of Directors of Helix Energy Solutions Group, Inc. on January 2, 2009.

1. Purpose.

The purpose of the Helix Energy Solutions Group, Inc. 2009 Long-Term Incentive Cash Plan (the "**Plan**") is to assist Helix Energy Solutions Group, Inc. and its subsidiaries (collectively, the "**Company**") in attracting, retaining, and motivating certain executives, officers and other key employees of the Company by providing them with additional long term cash incentives. The purpose of the Plan is to be achieved by the grant of Awards, as defined below.

2. Eligibility.

Eligibility under the Plan shall be limited to employees of the Company at the time of the grant. The Compensation Committee (the "**Committee**") of the Board of Directors of the Company (the "**Board**") may select any individual, who at the time of the grant is an employee of the Company, to receive an award under the Plan based in part upon the recommendations of the Company's Chief Executive Officer ("**CEO**").

3. Administration.

(a) **Administrator**. The Plan shall be administered by the Committee, taking into account the recommendations of the CEO and of such other senior officers as the Committee may determine. The Committee may delegate its authority to administer the Plan to a sub-committee of its members or to one or more officers of the Company. The term "**Administrator**" shall mean the Committee, or any such sub-committee or officer to which authority has been delegated. The Administrator may rely on the services of the Company's Human Resources department as necessary or convenient for the administration of the Plan.

(b) **Powers and Authority**. The Administrator shall have full power and authority to establish the rules and regulations relating to the Plan, to interpret the Plan and those rules and regulations, to select eligible persons who will receive Awards ("**Award Recipients**"), to determine each Award Recipient's Award Term, Performance Goals (if any), and Payout Amount, each as defined below, to make all factual and other determinations in connection with the Plan, and to take all other actions necessary or appropriate for the proper administration of the Plan, including the delegation of such authority or power, where appropriate. All powers of the Administrator shall be executed in its sole discretion, in the best interest of the Company, and in keeping with the objectives of the Plan and need not be uniform as to similarly situated individuals. The Administrator's administration of the Plan, including all such rules and regulations, interpretations, selections, determinations, approvals, decisions, delegations, amendments, terminations and other actions, shall be final and binding on the Company and all Award Recipients and their respective beneficiaries.

4. Awards.

(a) **Award Defined.** An "*Award*" is a right to receive a cash payment, contingent on (a) the Recipient continuing his or her employment with the Company over the Award Term, or (b) (i) the achievement of certain Performance Goals over the Award Term, each as defined below, and (ii) the Committee's assessment of the performance of the Company and/or the Award Recipient over the Award Term, in each case as determined by the Committee in its sole discretion and set forth in the Award Recipient's Award Letter.

(b) **Award Term.** Awards will be measured and vest over such period of time as shall be established by the Administrator (the "**Award Term**"). Award Terms may be of varying and overlapping durations. The Award Term may be divided into, and the achievement of the Performance Goals determined, in a number of periods during the Award Term ("**Award Periods**'). Awards shall be subject to forfeiture until the conclusion of the Award Term as provided in **Section 5** below and in the Award Letter.

(c) Performance Goals. The Administrator shall establish the performance goals for each Award Term, if applicable. The performance goals, if any, may include any one or more of several criteria, such as, but not limited to, capital management, term of service, return on capital employed, revenue growth, market share, margin growth, return on equity, total stockholder return, increase in net after-tax earnings per share, market price per share, growth in market price per share, increase in operating pre-tax earnings, operating profit or improvements in operating profit, improvements in certain asset or financial measures (including working capital and the ratio of revenues to working capital), credit quality, expense ratios, pre-tax earnings or variations of income criteria in varying time periods, economic value added, or general comparisons with other peer companies or industry groups or classifications with regard to one or more of these criteria (the "Performance Goals"). The Performance Goals may be measured with respect to the Company alone on an absolute basis, on a relative or comparative basis with such peer companies or index as the Administrator may select, or in such combination thereof as may be determined by the Administrator. Performance Goals may be based on the performance of the Company as a whole, or on the performance of a specified business unit or subsidiary, or on the performance of a group of subsidiaries, divisions or business units. Performance Goals may be measured on a cumulative basis, or in the alternative on an annual, quarterly or other periodic basis, or in the form of a matrix combining various Performance Goals and weighting them in any manner that the Administrator may determine. In establishing the Performance Goals, the Administrator may establish different Performance Goals for individual Award Recipients or groups of Award Recipients.

(d) **Target Award.** The Administrator shall establish for each Award Recipient a target award (the "**Target Award**"). The Target Award may be a fixed cash amount, a percentage of base salary or expressed as a formula derived for any measure or amount established by the Administrator in its sole discretion.

(e) Adjustments to Awards due to Certain Circumstances. In order to avoid any undue windfall or hardship due to external causes, the Administrator may make a determination as to whether a specific Performance Goal has been achieved without regard to the effect of any change in accounting standards, any change in the outstanding capital stock, any acquisition or disposition by the Company not planned for at the time the Performance Goals were established or any other extraordinary, unusual or nonrecurring event or item that would otherwise impact the Company's or a peer company's reported financial performance. In the event any Award is based on market share price or similar measure, then in the event of changes in the outstanding capital stock of the Company by reason of recapitalizations, reorganizations, mergers, consolidations, combinations, exchanges or other relevant changes in capitalization occurring after the date of the grant of any Award, any outstanding Award and any Award Letter evidencing such Award shall be subject to adjustment by the Committee as to the Performance Goals, the Target Award or any other measure in a manner and on terms necessary to put the Award Recipient in as nearly equivalent of an economic position as is practicable (as determined by the Administrator in good faith). In addition, the event the Company disposes of a substantial portion of its assets without receiving consideration in exchange for such assets, then any outstanding Award and any Award Letter evidencing such Award shall be subject to adjustment by the Committee as to the Performance Goals, Target Award or any other measure in a manner and on terms necessary to put the Award Recipient in as nearly equivalent of an economic position as is practicable (as determined by the Administrator in good faith). The determination of the Administrator as to the proper adjustments to the Award Letter, if made in good faith, shall be conclusive.

(f) **Establishment of Awards.** Awards shall be granted by the Administrator in writing not later than 90 days after the commencement of the period of service to which the Performance Goals relate. Following the establishment of the Performance Goals, the Administrator shall advise each Award Recipient of the terms and conditions of his or her Award, through the issuance of an "**Award Letter**" under the Plan, including the method or formula for determining the payouts. The Award Letter shall be in such form and contain such provisions not inconsistent with the provisions of the Plan as the Administrator shall determine. The terms and provisions of the respective Award Letters need not be identical.

(g) **Payments under Awards.** Upon the conclusion of the Award Period or the Award Term, the Administrator shall review the extent to which the Performance Goals, if any, were achieved for the Award Period or Award Term for each Award Recipient and, if so contemplated by the Award Letter, may also consider subjective factors related to the performance of the Company and/or the Award Recipient during the Award Period or Award Term. The Administrator will make the final determination of the extent to which the Performance Goals were achieved and the payout amount under the Award (the "**Payout Amount**") for each of the Award Recipients. The Administrator shall promptly notify each Award Recipient as to the determination of the Payout Amount. The Payout Amount payable to Award Recipients under this Plan shall be paid solely in cash and shall be paid within 30 days of the end of the Award Term or the end of the applicable Award Period.

5. Termination of Employment.

(a) **Retirement, Death or Disability**. If an Award Recipient's employment with the Company terminates as a result of such Award Recipient's retirement, death or disability, any and all outstanding Awards in such Award Recipient's name as to which the Award Term has not yet been completed shall be deemed forfeited, shall automatically be canceled and shall have no further force or effect, unless the Award Letter expressly directs otherwise.

(b) **Other Termination**. In the event that an Award Recipient's employment with the Company terminates other than by reason of death, disability or retirement as provided in Sections 5(a) above, then, any and all outstanding Awards in such Award Recipient's name as to which the Award Term has not yet been completed shall be deemed forfeited, shall automatically be canceled and shall have no further force or effect, unless the Award Letter expressly directs otherwise.

(d) **Change of Control**. Notwithstanding the provisions of Section 4 or this Section 5, and unless provided otherwise in the Award Letter, in the event of a " **Change of Control** " of the Company, as defined below, prior to the end of an Award Term of any outstanding Award, then the Performance Goals applicable to such Award shall be deemed to have been satisfied as of the date of such Change of Control to yield a Payout Amount of 100% of the Target Award, and such Award Recipient shall be entitled to the corresponding payment under such Award as of such date in an amount calculated pursuant to the terms of the Award Letter (notwithstanding any continued service condition).

(e) "**Change in Control**" means a "Change in Control Event" within the meaning of Treasury Regulation § 1.409A-3(i)(5) and described in paragraphs (i), (ii) or (iii) below or any combination thereof as permitted in the Treasury Regulations with respect to the Company:

(i) A change in ownership that occurs when one person or a group (as determined for the purposes of Internal Revenue Code of 1986, as amended (the "**Code**") Section 409A) acquires stock that, combined with stock previously owned, controls more than fifty percent (50%) of the value or voting power of the stock of the Company (incremental increases in ownership by a person or group that already owns fifty percent (50%) of the Company prior to such increase do not result in a change in ownership);

(ii) A change in effective control that occurs on the date that, during any 12-month period, either (x) any person or group acquires stock possessing thirty percent (30%) or more of the voting power of the Company, or (y) the majority of the Board (or, if applicable, the board of directors of the Company's ultimate parent) is replaced by persons whose appointment or election is not endorsed by a majority of the Board (or, if applicable, the board of directors of such ultimate parent) prior to the date of the appointment or election; or

(iii) A change in ownership of a substantial portion of the assets that occurs on the date that a person or a group acquires, during any 12-month period, assets of the Company having a total gross fair market value equal to eighty-five percent (85%) or more of the total gross fair market value of all of the Company's assets; provided, however, that there is no change in control event under this paragraph (iii) when there is a transfer to: (w) a shareholder of the Company (immediately before the asset transfer) in exchange for or with respect to its stock; (x) an entity, fifty percent (50%) or more of the total value or voting power of which is owned, directly or indirectly, by the Company immediately after the asset transfer; (y) a person, or more than one person acting as a group, that owns immediately after the asset transfer, directly or indirectly, fifty percent (50%) or more of the total value or voting power of all the outstanding stock of the Company; or (z) an entity, at least fifty percent (50%) of the total value or voting power of which is owned, directly or indirectly or indirectly, by a person described in item (y) within the meaning of Code Section 409A. For the purposes of this paragraph (iii), "gross fair market value" shall have the meaning as provided in Code Section 409A.

6. Tax Withholding.

The Company shall deduct from any distributions under any Award any federal, state, or local taxes required by law to be withheld with respect to such Award Recipient's Award.

7. Governing Law.

The Plan, including any Award Letter, shall be construed, administered and governed in all respects under and by the applicable laws of the State of Texas, excluding any conflicts or choice of law rule or principle that might otherwise refer construction or interpretation to the substantive law of another jurisdiction.

8. Plan Amendment and Termination.

The Board or the Committee may, in its sole discretion, amend, suspend or terminate the Plan at any time, with or without advance notice to Award Recipients. No amendment, modification or termination of the Plan may adversely affect in a material manner any right of any Award Recipient with respect to any Award theretofore granted without such Award Recipient's written consent. The Company reserves the unilateral right to change any rule under the Plan if it deems such a change is necessary to avoid the application of the Employee Retirement Income Security Act of 1974, as amended (" **ERISA** "), to the Plan.

9. Section 409A of the Code.

Awards shall be designed, granted and administered in such a manner that they are either exempt from the application of, or comply with, the requirements of section 409A of the Code and the final Department of Treasury regulations issued thereunder. Each Award Letter for an Award that is intended to comply with Section 409A shall be construed and interpreted in accordance with such intention.

10. General Provisions.

(a) **No Right to Awards or Continued Employment.** The Plan is not a contract between the Company and the Award Recipient. Neither the establishment of the Plan nor the provision for or payment of any amounts hereunder nor any action of the Company or the Administrator in respect of the Plan or any Award Letter, including the establishment of a multi-year Award Term, shall be held or construed as giving the Award Recipient any right to be retained by the Company.

(b) **No Funding of Plan.** The Company shall not be required to fund or otherwise segregate assets, which may at any time be delivered to Award Recipients under the Plan. The Plan shall constitute an "unfunded" plan of the Company. The Company shall not, by any provisions of the Plan, be deemed to be a trustee of any property, and any rights of any Award Recipient or former Award Recipient shall be no greater than those of a general unsecured creditor or stockholder of the Company, as the case may be.

(c) **Notice to Company.** Any notice required or permitted to be given under the Plan to the Company shall be sufficient if in writing and delivered by registered or certified mail to the Company at its principal office, directed to the attention of the Administrator. Such notice shall be deemed given as of the date of delivery or, if delivery is made by mail as of the date shown on the postmark, or the receipt for registration or certification.

(d) **Notice to Award Recipient.** Any notice required or permitted to be given under the Plan to the Award Recipient shall be sufficient if in writing and delivered by registered or certified mail to the Award Recipient's principal residence as reflected in the Company's personnel records. Such notice shall be deemed given as of the date of delivery or, if delivery is made by mail as of the date shown on the postmark, or the receipt for registration or certification.

(e) **Non-Exclusivity.** The Plan does not limit the authority of the Company or the Administrator to grant cash bonus awards, or authorize or award any other compensation to any person under any other plan or program, including, without limitation, the issuance of stock options or any other awards under the Company's equity incentive plans.

(f) **Non-Assignable and Non-Transferable.** The Award Recipient shall not have any voluntary or involuntary right to commute, sell, assign, pledge, anticipate, mortgage, or otherwise encumber, transfer, hypothecate, or convey in advance of actual receipt the amounts, if any, payable hereunder or any part thereof, which are expressly declared to be unassignable and non-transferable. No part of the amounts payable prior to actual payment shall be subject to seizure or sequestration for the payment of any debts, judgments, alimony, or separate liabilities or maintenance owed by the Award Recipient or any other person, or be transferable by operation of law in the event of the Award Recipient's or any other person's bankruptcy or insolvency.

(g) **Severability.** If any provision of the Plan is held unenforceable, the remainder of the Plan shall continue in full force and effect and shall be applied as though the unenforceable provision were not contained in the Plan.

HELIX ENERGY SOLUTIONS GROUP, INC.

2009 Long-Term Incentive Cash Plan

Award Letter

Award Recipient: Target Award: Award Term: Grant Date: [Name] [\$Amount] 5 years beginning on the Grant Date

AWARD LETTER

The Compensation Committee (the "*Committee*") of the Board of Directors of Helix Energy Solutions Group, Inc., a Minnesota corporation (the "*Company*"), hereby awards to you, effective as of the Grant Date set forth above, the opportunity to earn a long-term cash incentive award for the award term set forth above (the "Award Term") under the 2009 Long-Term Incentive Cash Plan (the "Plan").

1. <u>Grant of Award.</u> The Company hereby grants to the Award Recipient a cash payment opportunity (the "Award") based upon the Target Award listed above (the "Target Award"), on the terms and conditions hereinafter set forth. This grant is made pursuant to the terms of the Plan, which Plan, as amended from time to time, is incorporated herein by reference and made a part of this Award Letter. Capitalized terms not otherwise defined herein shall have the same meaning as in the Plan.

2. <u>Award Periods</u>. The Award Recipient shall receive an Award based upon the Target Award in accordance with the following schedule, provided that your employment with the Company has not terminated prior to the applicable vesting date:

Vesting Date	Percentage of Target Award
First Anniversary of Grant Date	20% of Target Award
Second Anniversary of Grant Date	Additional 20% of Target Award
Third Anniversary of Grant Date	Additional 20% of Target Award
Fourth Anniversary of Grant Date	Additional 20% of Target Award
Fifth Anniversary of Grant Date	Additional 20% of Target Award

Occurrence of a Change in Control

100% of Target Award (or remaining portion thereof)

3. <u>Amount of Award.</u> Upon each Vesting Date, the Company shall make a cash payment to you in an amount equal to the product of the Target Award multiplied by the percentage of Target Award achieved based on the above table (the "Period Award) and then multiplying the Period Award by the percentage change, positive or negative, in the price of the Common Stock of the Company determined by dividing the Average Price by \$ _____ (the "Base Amount"). For purposes of this Section 3, the Average Price shall be the average of the closing price of Helix Common Stock for the thirty (30) trading days prior to the Vesting Date. Notwithstanding anything to the contrary in this Section 3, in the event the Average Price divided by the Base Amount is greater than 2.0, then it shall be deemed to be 2.0 for purposes of determining the amount of the cash payment and in the event such quotient is less than 0.5, then it shall be deemed to be 0.0 and the Award Recipient will receive no cash payment.

For example, if the Target Award is \$1,000, the Period Award on the first Vesting Date is \$200 and the Base Amount is \$10, then on the first Vesting Date for each of the Average Prices set forth below, the Award Recipient shall receive a cash payment in the amount set forth opposite such Average Price:

Average Price		Cash Payment	
\$60.00	\$	400	
\$20.00	\$	400	
\$15.00	\$	300	
\$10.00	\$	200	
\$7.50	\$	150	
\$5.00	\$	100	
\$4.98	\$	0	

4. <u>Termination of Employment</u>. In the event that an Award Recipient's employment with the Company terminates, then, any and all outstanding Awards as to which the Vesting Date has not yet occurred shall be deemed forfeited, shall automatically be canceled and shall have no further force or effect.

5. <u>Tax Withholding</u>. The Company shall deduct from any distributions under any Award any federal, state, or local taxes required by law to be withheld with respect to such Award Recipient's Award.

6 <u>Governing Law</u>. This Award Letter, shall be construed, administered and governed in all respects under and by the applicable laws of the State of Texas, excluding any conflicts or choice of law rule or principle that might otherwise refer construction or interpretation to the substantive law of another jurisdiction.

7. <u>No Right to Awards or Continued Employment</u>. Neither the Plan nor this Award Letter is a contract between the Company and the Award Recipient. Neither the Plan nor this Award Letter shall be held or construed as giving the Award Recipient any right to be retained by the Company or any affiliate of the Company.

8. <u>Non-Assignable and Non-Transferable</u>. The Award may not be commuted, sold, assigned, pledged, attached, mortgaged, alienated or otherwise transferred or encumbered by the Award Recipient and any purported commutation, sale, assignment, pledge, attachment, alienation, or encumbrance shall be void and unenforceable against the Company and its affiliates.

HELIX ENERGY SOLUTIONS GROUP, INC.

By:			
Name and			
Title:			

Acknowledged and Agreed by Award Recipient:

AWARD RECIPIENT:

Signature:

Printed Name: