FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGI	FS IN BENFE	ICIAI OWNE	RSH

OMB APPROVAL								
OMB Number:	3235-0287							
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hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* KRATZ OWEN E					HE	2. Issuer Name and Ticker or Trading Symbol HELIX ENERGY SOLUTIONS GROUP INC [HLX]										Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner Officer (give title Other (specify))				
(Last) (First) (Middle) 400 N SAM HOUSTON PARKWAY E SUITE 400						3. Date of Earliest Transaction (Month/Day/Year) 03/17/2008										X Officer (give title Other (specify below) PRESIDENT & CEO				
(Street) HOUSTON TX 77060 (City) (State) (Zip)				- 4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									. Indiv ine) X	vidual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(30		(Zip) 	n-Deriv	ative	Sec	uritie	s Ac	guired.	Dis	posed o	of. O	r Ben	eficia	allv	Owne	-d			
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date,		3. Transaction		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)			(A) or	or 5. 4 and So B		ount of ities icially d Following ted	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
									Code	v	Amount		(A) or (D)	Price	:	Transa	action(s) 3 and 4)		(cu. i,	
Common	Stock			03/17	7/2008				P		1,000		A	\$29	.82	3,7	70,987(1)	D		
Common	Stock			03/17	7/2008				P		1,000		A	\$29	.83	3,7	771,987	D		
Common	Stock			03/17	03/17/2008				P		1,000		A	\$29.87		3,772,987		D		
Common	Stock			03/17	03/17/2008				P		1,000		A	\$29.88		3,773,987		D		
Common Stock			03/17	03/17/2008				P		5,000		A	\$29.89		3,778,987		D			
Common Stock				03/17	03/17/2008				P		2,000		A	\$29.9		3,780,987		D		
Common	Stock			03/17	17/2008				P		1,000		A	\$29.92		3,781,987		D		
Common	Stock			03/17	3/17/2008				P		1,000		A	\$29.95		3,782,987		D		
Common	Stock			03/17	7/2008				P		1,000		A	\$29	\$29.96 3,		783,987	D		
Common Stock				03/17	03/17/2008				P		7,000		A	\$29.97 3		3,7	790,987	D		
Common	Stock			03/17	7/2008				P		5,000		A	\$29.98 3,			795,987	D		
Common	Stock			03/17	7/2008				P		13,000)	A	\$29	.99	3,8				
Common	Stock			03/17	7/2008				P		5,000		A	\$3	30	3,813,987 D				
		Ta									sed of, onvertib					vned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Executior if any (Month/Da	ned n Date,	4. Transacti Code (Ins		5. Number on of		6. Date E Expiratio (Month/D	xercis	sable and	7. Title and Amount of Securities Underlying Derivative Security (Instr and 4)			8. Pr Deriv Secu	Price of rivative curity str. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
-xnlanation	of Respons	Ac.			Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	or Nur of	mber ares						

1. Mr. Kratz also has indirect holdings of 1,000,000 shares owned by Joss Investments Limited Partnership, the general partner of which is an entity that Mr. Kratz controls.

Remarks:

/s/ A. Wade Pursell, by power of attorney

03/18/2008

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.