



Helix to Review First Quarter 2011 Results and 2011 Outlook With Investors

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Helix Energy Solutions Group (NYSE: HLX) will issue a press release reporting its financial and operational results for the first quarter of 2011 after the market closes on Monday, April 25, 2011. After its issuance, a copy of the press release will be available on Helix's website, www.HelixESG.com, by clicking on "Investor Relations" and choosing "Press Releases."

(Logo: <http://photos.prnewswire.com/prnh/20100128/HELIXLOGO>)

Helix will host a conference call to review its first quarter results on Tuesday, April 26, 2011, at 9:00 a.m. Central Daylight Time. Investors and other interested parties are encouraged to listen to the call via an audio webcast from the "Investor Relations" page of our website, www.HelixESG.com. Investors and other interested parties wishing to listen to the conference via telephone may join the call by dialing 800-734-8582 for persons in the United States and +1-212-231-2905 for international participants. The passcode is "Tripodo."

Investors and other interested parties will be able to obtain the conference call slide presentation prior to the conference call from the "Investor Relations" page at www.HelixESG.com by clicking on "Investor Relations" and then choosing "Presentations." A replay of the conference will be available under "Investor Relations" by selecting the "Audio Archives" link from the same page beginning approximately two hours after the completion of the conference call.

Helix Energy Solutions Group, headquartered in Houston, Texas, is an international offshore energy company that provides development solutions and other key life of field services to the energy market as well as to our own oil and gas business unit.

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