



Helix to Present at Jefferies Global Energy Conference

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HOUSTON, Nov. 18, 2010 /PRNewswire via COMTEX/ --

Helix Energy Solutions Group, Inc. (NYSE: HLX) - announced today that it will give a presentation to attendees of the Jefferies Global Energy Conference at the St. Regis Hotel in Houston, Texas on Wednesday, December 1 at 10:40am Central Time.

(Logo: <http://photos.prnewswire.com/prnh/20100128/HELIXLOGO>)

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The slides for the presentation will be posted to the company's website prior to the conference. A live audio feed of the presentation and replay will also be publicly available. These materials may be accessed on the Investor Relations page of the Company's website, www.HelixESG.com.

Helix Energy Solutions Group, headquartered in Houston, Texas, is an international offshore energy company that provides development solutions and other key life of field services to the energy market as well as to our own oil and gas business unit.

SOURCE Helix Energy Solutions Group, Inc.