



## Helix to Present at Investor Conferences Next Week

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HOUSTON, Nov. 9, 2010 /PRNewswire via COMTEX/ --

Helix Energy Solutions Group, Inc. (NYSE: HLX) - announced today that it will participate in two investor conferences next week in New York, the Stephens Fall Investment Conference on Tuesday, November 16 at 1:00pm Eastern Time at the New York Palace and the Bank of America Merrill Lynch Credit Conference on Wednesday, November 17 at 9:50am Eastern Time at the New York Marriott Marquis Hotel.

(Logo: <http://photos.prnewswire.com/prnh/20100128/HELIXLOGO>)

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The slides for both presentations will be posted to the company's website prior to the conferences. A live audio feed of the presentations and replays will also be publicly available. These materials may be accessed on the Investor Relations page of the Company's website, [www.HelixESG.com](http://www.HelixESG.com).

Helix Energy Solutions Group, headquartered in Houston, Texas, is an international offshore energy company that provides development solutions and other key life of field services to the energy market as well as to our own oil and gas business unit.

SOURCE Helix Energy Solutions Group, Inc.