

Helix to Present at Johnson Rice Energy Conference

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HOUSTON, Sept 28, 2010 /PRNewswire via COMTEX/ --

Helix Energy Solutions Group, Inc. (NYSE: HLX) announced today that it will make a presentation to attendees at the Johnson Rice Energy Conference in New Orleans, Louisiana on Tuesday, October 5, 2010, at 11:15 am CDT.

(Logo: http://photos.prnewswire.com/prnh/20100128/HELIXLOGO)

(Logo: http://www.newscom.com/cgi-bin/prnh/20100128/HELIXLOGO)

The slide deck which accompanies the presentation will be posted to the company's website prior to the conference. A live audio feed of the presentation and a replay will also be publicly available. These materials may be accessed on the Investor Relations page of the Company's website, www.HelixESG.com.

Helix Energy Solutions Group, headquartered in Houston, Texas, is an international offshore energy company that provides development solutions and other key life of field services to the energy market as well as to our own oil and gas business unit.

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