



Helix Elects Nancy Quinn to Board

February 27, 2009

HOUSTON, Feb 27, 2009 (BUSINESS WIRE) -- Helix Energy Solutions Group, Inc (NYSE: HLX) reported that its Board of Directors has elected Nancy K. Quinn to join Helix's Board. Ms. Quinn will serve as a Class III Director whose term will expire at Helix's annual shareholder meeting in 2011, and will serve on the Audit Committee and the Corporate Governance and Nominating Committee. Ms. Quinn is a principal of Hanover Capital LLC, a privately owned advisory firm that provides financial and strategic services to clients in the energy and natural resources industries. She has 27 years of experience in investment banking. Ms. Quinn also currently serves on the board of directors of Endeavour International Corporation and Atmos Energy Corporation.

Helix Energy Solutions, headquartered in Houston, Texas, is an international offshore energy company that provides development solutions and other key life of field services to the open energy market as well as to our own oil and gas business unit.

This press release contains forward-looking statements that involve risks, uncertainties and assumptions that could cause our results to differ materially from those expressed or implied by such forward-looking statements. All statements, other than statements of historical fact, are statements that could be deemed "forward-looking statements" within the meaning of the Private Securities Litigation Reform Act of 1995, including, without limitation, any projections of revenue, gross margin, expenses, earnings or losses from operations, or other financial items; future production volumes, results of exploration, exploitation, development, acquisition and operations expenditures, and prospective reserve levels of property or wells; any statements of the plans, strategies and objectives of management for future operations; any statement concerning developments, performance or industry rankings; any statements regarding future economic conditions or performance; any statements of expectation or belief; and any statements of assumptions underlying any of the foregoing. The risks, uncertainties and assumptions referred to above include the performance of contracts by suppliers, customers and partners; employee management issues; complexities of global political and economic developments; geologic risks and other risks described from time to time in our reports filed with the Securities and Exchange Commission ("SEC"), including the company's Annual Report on Form 10-K for the year ending December 31, 2007. We assume no obligation and do not intend to update these forward-looking statements.

SOURCE: Helix Energy Solutions Group, Inc

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