



Helix to Review Third Quarter Results with Investors

October 10, 2008

HOUSTON--(BUSINESS WIRE)--Helix Energy Solutions (NYSE:HLX) will issue a press release summarizing its financial and operational results for the third quarter and the nine months ended September 30, 2008 after the market closes on Wednesday, October 29, 2008. At that time a copy of the press release will be available on Helix's website www.HelixESG.com by clicking on "Investor Relations" and choosing "Press Releases".

Helix will also conduct a conference call regarding such results and its outlook for the fourth quarter on Thursday, October 30, 2008 at 9:00 a.m. Central Time.

Participants may join in the call by dialing 1-800-475-0212 for persons in the United States and 312-470-7004 for international participants. The passcode is Tripodo. The conference call will also be webcast simultaneously in listen-only mode from our website.

Investors will be able to obtain the slide presentation prior to the conference call and listen to the live conference call broadcast from the Investor Relations page at www.HelixESG.com by clicking on "Investor Relations" and the choosing "Presentations". A replay will be available under "Investor Relations" by selecting the "Audio Archives" link from the same page beginning approximately two hours after the completion of the conference call.

Helix Energy Solutions, headquartered in Houston, Texas, is an international offshore energy company that provides reservoir development solutions and other contracting services to the energy market as well as to its own oil and gas business unit. Helix's contracting services segment utilizes its vessels and offshore equipment that when applied with its methodologies reduce finding and development costs and cover the complete lifecycle of an offshore oil and gas field. Helix's oil and gas segment engages in prospect generation, exploration, development and production activities. Helix operates primarily in the Gulf of Mexico, North Sea, Asia Pacific and Middle East Regions.

Source: Helix Energy Solutions