

Helix to Present at the Capital One Southcoast Energy Conference

December 4, 2007

HOUSTON--(BUSINESS WIRE)--Dec. 4, 2007--Helix Energy Solutions (NYSE:HLX) announced today that it will present at the Capital One Southcoast Energy Conference in New Orleans, Louisiana at the Windsor Court Hotel on Tuesday, December 4, 2007. The presentation will begin at 2:00 pm (Central Time).

The presentation will be available on the Helix website www.HelixESG.com, by first clicking "Investor Relations" and then "Presentations".

Helix Energy Solutions, headquartered in Houston, Texas, is an international offshore energy company that provides development solutions and other key life of field services to the open energy market as well as to our own oil and gas business unit. That business unit is a prospect generation, exploration, development and production company. Employing our own key services and methodologies, we seek to lower finding and development costs, relative to industry norms.

CONTACT: Helix Energy Solutions, Houston Chief Financial Officer

Wade Pursell, 281-618-0400

SOURCE: Helix Energy Solutions