

## Helix Awarded Significant Pipelay Contract Offshore Norway

## August 20, 2007

HOUSTON, Aug 20, 2007 /PRNewswire-FirstCall via COMTEX News Network/ -- Helix Energy Solutions (NYSE: HLX) announced today that it has been awarded a contract by BP Norge for the lay of a gas export pipeline for the Skarv Idun development project, in the Norwegian Sea. This 80 kilometer, 26-inch coated pipeline will be installed by the pipe lay vessel Caesar in the summer of 2009.

Bart Heijermans, Executive Vice President and Chief Operating Officer, commented, "We are delighted to add this important international contract to the burgeoning backlog we announced with our Q2 financial results. Visibility of deepwater construction work is excellent and this award further demonstrates our ability to secure work in each of our target markets, Gulf of Mexico, North Sea UK, offshore Norway and the Far East. Our pipelay fleet of the Intrepid, Express and Caesar is the right size and has the balance of complimentary capabilities to add value for both external customers and, our internal customer, Energy Resource Technology in this very exciting period for deepwater activity."

Helix Energy Solutions, headquartered in Houston, Texas, is an international offshore energy company that provides development solutions and other key life of field services to the open energy market as well as to our own oil and gas business unit. That business unit is a prospect generation, exploration, development and production company. Employing our own key services and methodologies, we seek to lower finding and development costs, relative to industry norms.

This press release contains forward-looking statements that involve risks, uncertainties and assumptions that could cause our results to differ materially from those expressed or implied by such forward-looking statements. All statements, other than statements of historical fact, are statements that could be deemed "forward-looking statements" within the meaning of the Private Securities Litigation Reform Act of 1995, including, without limitation, any projections of revenue, gross margin, expenses, earnings or losses from operations, or other financial items; future production volumes, results of exploration, exploitation, development, acquisition and operations expenditures, and prospective reserve levels of property or wells; any statements of the plans, strategies and objectives of management for future operations; any statement concerning developments, performance or industry rankings, any statements regarding future economic conditions or performance; any statements of expectation or belief; and any statements of assumptions underlying any of the foregoing. The risks, uncertainties and assumptions referred to above include the performance of contracts by suppliers, customers and partners; employee management issues; complexities of global political and economic developments, geologic risks and other risks described from time to time in our reports filed with the Securities and Exchange Commission ("SEC"), including the Company's Annual Report on Form 10-K for the year ending December 31, 2006. We assume no obligation and do not intend to update these forward-looking statements.

## SOURCE Helix Energy Solutions

Wade Pursell, Chief Financial Officer of Helix Energy Solutions, +1-281-618-0400, fax, +1-281-618-0505