



Helix to Review Second Quarter Results With Investors

July 12, 2007

HOUSTON, July 12 /PRNewswire-FirstCall/ -- Helix Energy Solutions (NYSE: HLX) will conduct a conference call regarding its financial and operational results for the second quarter of 2007 on Thursday, August 2, 2007, at 9:00 a.m. Central Time. A press release summarizing such results is planned for distribution on Wednesday August 1, 2007 after the market closes.

Investors will be able to obtain the slide presentation prior to the conference call and listen to the live conference call broadcast from the Investor Relations page at <http://www.HelixESG.com>. A replay will be available by selecting the Audio Archives link from the same page.

Helix Energy Solutions, headquartered in Houston, Texas, is an international offshore energy company that provides development solutions and other key life of field services to the open energy market as well as to our own oil and gas business unit. That business unit is a prospect generation, exploration, development and production entity. Employing our own key services and methodologies, we seek to lower finding and development costs, relative to industry norms.

SOURCE Helix Energy Solutions

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