

Helix Reports First Quarter Results

May 2, 2007

HOUSTON, May 2 /PRNewswire-FirstCall/ -- Helix Energy Solutions (NYSE: HLX) reported first quarter net income of \$55.8 million, or \$0.60 per diluted share.

Summary of Results (in thousands, except per share amounts and percentages)

| | First Q | uarter | Fourth Quarter |
|--------------------------|-----------|-----------|----------------|
| | 2007 | 2006 | 2006 |
| Revenues | \$396,055 | \$291,648 | \$395,839 |
| Gross Profit | 135,615 | 102,266 | 150,980 |
| | 34% | 35% | 38% |
| Net Income | 55,820 | 55,389 | 162,479* |
| | 14% | 19% | 41% |
| Diluted Earnings Per Sha | re 0.60 | 0.67 | 1.73* |

^{*} Includes gain from sale of Cal Dive IPO of \$96.5 million, net of taxes, or \$1.02 per diluted share.

Martin Ferron, President and Chief Executive Officer of Helix, stated, "Historically Q1 has been our slowest quarter for earnings due to seasonality and scheduled maintenance activity. This, together with the planned ramp up in our oil and gas production this year, is why we guided that less than 20% of our 2007 earnings would occur in this Q1. Actual earnings were near where we expected, despite production being in the bottom third of our guidance range and another period of unscheduled downtime for the Q4000. This points to the continuing strengthening of the market for our Contracting Services and our performance in deepwater pipelay, robotics and shallow water services (Cal Dive) was particularly encouraging. Additionally we were extremely pleased with the outcome of our exploration program adding around 100 bcfe to our proven reserves. Obviously we were delighted to replace more than our anticipated 2007 production in just one quarter."

"During the improved weather of Q2 we will swing into action with our production enhancement efforts and the results should start to show in Q3. For that reason we expect our Q2 earnings performance to be similar to that achieved in Q1. We have also completed an assessment of the key variables that drive our earnings for the year and that will be covered in the conference call tomorrow. Based on this analysis, we narrow our full year earnings guidance range to \$3.00 -- \$3.90/share."

Financial Highlights

- Revenues: The \$104.4 million increase in year-over-year first quarter revenues was driven primarily by significant
 improvements in contracting services revenues due to the introduction of newly acquired assets and improved market
 conditions. In addition, Oil and Gas sales increased \$50.7 million due primarily to the production added from the
 Remington acquisition.
- Margins: 34% is essentially flat with the year ago quarter (35%) as improved margins in the Oil and Gas segment (\$20.7 million Tulane write off in 1Q 2006) offset lower margins in the Contracting Services segment (Q4000 downtime in 1Q 2007 due to thruster problems).
- SG&A: \$30.6 million increased \$9.6 million from the same period a year ago due primarily to increased overhead to support the Company's growth. This level of SG&A was 8% of first quarter revenues, slightly above the 7% in the year ago quarter.
- Interest Expense: \$13.0 million is \$10.5 million more than the \$2.5 million in the first quarter of 2006 due primarily to the debt incurred for the cash portion (\$835 million) of the Remington acquisition in July, 2006.
- Equity in Earnings: \$6.1 million reflects primarily our share of Deepwater Gateway, L.L.C.'s earnings for the quarter relating to the Marco Polo facility.

- Income Tax Provision: The Company's effective tax rate for the quarter was 34% which is essentially the same as last year's first quarter.
- Shares Outstanding: On July 1, 2006, Helix acquired Remington Oil & Gas Corporation for approximately \$1.4 billion paying approximately 58% with cash and 42% with Helix stock. The additional shares were the primary cause of total diluted shares outstanding increasing to 94.3 million for the first quarter 2007 from 83.8 million in the first quarter 2006. This increase was partially offset by the Company buying back \$50 million (1.7 million shares) of its stock in the open market during the fourth quarter.
- Balance Sheet: Total consolidated debt as of March 31, 2007 was \$1.45 billion. This includes \$172 million under Cal Dive's new revolving facility which is non-recourse to Helix. We had \$203 million of cash and liquid investments on hand as of March 31, 2007. This represents 43% net debt to book capitalization and with \$691 million of EBITDAX (excluding the gain on sale of the Cal Dive IPO) over the last twelve months, this represents 1.8 times trailing twelve month EBITDAX.

Further details are provided in the presentation for Helix's quarterly conference call (see the Investor Relations page of http://www.HelixESG.com). The call, scheduled for 9:00 a.m. Central Daylight Time on Thursday, May 3, 2007, will be webcast live. A replay will be available from the Audio Archives page.

Helix Energy Solutions, headquartered in Houston, Texas, is an international offshore energy company that provides development solutions and other key life of field services to the open energy market as well as to our own reservoirs. Our oil and gas business is a prospect generation, exploration, development and production company. Employing our own key services and methodologies, we seek to lower finding and development costs, relative to industry norms.

FORWARD-LOOKING STATEMENTS

This press release and attached presentation contain forward-looking statements that involve risks, uncertainties and assumptions that could cause our results to differ materially from those expressed or implied by such forward-looking statements. All statements, other than statements of historical fact, are statements that could be deemed "forward-looking statements" within the meaning of the Private Securities Litigation Reform Act of 1995, including, without limitation, any projections of revenue, gross margin, expenses, earnings or losses from operations, or other financial items; future production volumes, results of exploration, exploitation, development, acquisition and operations expenditures, and prospective reserve levels of property or wells; any statements of the plans, strategies and objectives of management for future operations; any statement concerning developments, performance or industry rankings; any statements regarding future economic conditions or performance; any statements of expectation or belief; and any statements of assumptions underlying any of the foregoing. The risks, uncertainties and assumptions referred to above include the performance of contracts by suppliers, customers and partners; employee management issues; complexities of global political and economic developments, geologic risks and other risks described from time to time in our reports filed with the Securities and Exchange Commission ("SEC"), including the Company's Annual Report on Form 10-K for the year ending December 31, 2006 and subsequent quarterly reports on Form 10-Q. We assume no obligation and do not intend to update these forward-looking statements.

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Comparative Condensed Consolidated Statements of Operations

| | Three Months Ended Mar. 31, | | | |
|--|-----------------------------|-----------|--|--|
| (in thousands, except per share data) | 2007 | 2006 | | |
| | (Unaudited) | | | |
| Net revenues | \$396,055 | \$291,648 | | |
| Cost of sales | 260,440 | 189,382 | | |
| Gross profit | 135,615 | 102,266 | | |
| Selling and administrative | 30,600 | 21,028 | | |
| Income from operations | 105,015 | 81,238 | | |
| Equity in earnings of investments | 6,104 | 6,236 | | |
| Net interest expense and other | 13,012 | 2,190 | | |
| Income before income taxes | 98,107 | 85,284 | | |
| Income tax provision | 33,123 | 29,091 | | |
| Minority interest | 8,219 | | | |
| Net income | 56,765 | 56,193 | | |
| Preferred stock dividends | 945 | 804 | | |
| Net income applicable to common shareholders | \$55,820 | \$55,389 | | |
| Weighted Avg. Shares Outstanding: | | | | |
| Basic | 89,994 | 77,969 | | |
| Diluted | 94,312 | 83,803 | | |
| Earnings Per Share: | | | | |
| Basic | \$0.62 | \$0.71 | | |
| Diluted | \$0.60 | \$0.67 | | |

Comparative Condensed Consolidated Balance Sheets

ASSETS Mar. 31, 2007 Dec. 31, 2006 (in thousands) (unaudited) Current Assets: Cash and equivalents \$183,134 \$206,264 Short-term investments 19,575 285,395 385,631 Accounts receivable 370,709 Other current assets 62,992 61,532 651,332 Total Current Assets 923,900 Net Property & Equipment: 836,261 800,503 1,505,291 1,411,955 Contracting Services 800,503 Oil and Gas Equity investments 219,720 213,362 Goodwill 824,137 822,556 Other assets, net 123,030 117,911 \$4,290,187 Total Assets \$4,159,771

Comparative Condensed Consolidated Balance Sheets

LIABILITIES & SHAREHOLDERS' EQUITY (in thousands)

| | Mar. 31, 2007 (unaudited) | Dec. 31, 2006 |
|---------------------------------|---------------------------|---------------|
| Current Liabilities: | | |
| Accounts payable | \$210,688 | \$240,067 |
| Accrued liabilities | 190,694 | 199,650 |
| Income taxes payable | 9,969 | 147,772 |
| Current mat of L-T debt [A] | 25,993 | 25,887 |
| Total Current Liabilities | 437,344 | 613,376 |
| | | |
| Long-term debt [A] | 1,420,764 | 1,454,469 |
| Deferred income taxes | 454,539 | 436,544 |
| Decommissioning liabilities | 139,213 | 138,905 |
| Other long-term liabilities | 7,343 | 6,143 |
| Minority interest | 68,525 | 59,802 |
| Convertible preferred stock [A] | 55,000 | 55,000 |
| Shareholders' equity [A] | 1,577,043 | 1,525,948 |
| Total Liabilities & Equity | \$4,159,771 | \$4,290,187 |

[A] Net debt to book capitalization -- 43% at March 31, 2007. Calculated as total debt less cash and equivalents and short-term investments (\$1,244,048) divided by sum of total debt less cash and equivalents and short-term investments, convertible preferred stock and shareholders' equity (\$2,876,091).

Helix Energy Solutions Group, Inc. Reconciliation of Non GAAP Measures Three Months Ended March 31, 2007

Earnings Release:

Balance Sheet: " ... 1.8 times trailing twelve month EBITDAX."

Reconciliation From Net Income to EBITDAX (excluding gain on sale of Cal Dive IPO):

| | 1Q07 | | 3Q06 ands, exce | _ | _ |
|---------------------------|-----------|-----------|--------------------|-----------|-----------|
| Net income applicable | | | | | |
| to common shareholders | \$55,820 | \$65,948 | \$57,029 | \$69,139 | 55,389 |
| Preferred stock dividends | | | | | • |
| Income tax provision | 28,617 | 34,166 | 31,409 | 35,887 | 29,091 |
| Net interest expense | • | • | • | • | |
| and other | 12,331 | 13,981 | 15,103 | 2,983 | 2,457 |
| Non-cash stock | | | | | |
| compensation expense | 3,267 | 2,797 | 1,910 | 2,251 | 1,565 |
| Depreciation and | | | | | |
| amortization | 67,558 | 61,809 | 63,879 | 34,346 | 33,226 |
| Exploration expense | 1,190 | 1,820 | 19,520 | 1,029 | 22,105 |
| Share of equity | | | | | |
| investments: | | | | | |
| Depreciation | 1,004 | 1,004 | 1,004 | 1,003 | 1,008 |
| Interest expense, net | (57) | (70) | (59) | (43) | (27) |
| | | | | | |
| EBITDAX | \$170,675 | \$182,400 | \$190,599 | \$147,400 | \$145,618 |
| | | | | | |
| Trailing Twelve | | | | | |
| Months EBITDAX \$ | 691,074 | | | | |
| 27 1 70 11 1 | | | | | |
| Net Debt at | 044 040 | | | | |
| March 31, 2007 (a) \$1 | ,244,048 | | | | |
| Ratio | 1.8 | | | | |

We calculate EBITDAX as earnings before net interest expense, taxes, depreciation and amortization, exploration expense, non-cash stock compensation expense and our share of depreciation, net interest expense and taxes from our equity investments. Further, we reduce EBITDAX for the minority interest in Cal Dive that we do not own. EBITDAX margin is defined as EBITDAX divided by net revenues. These non-GAAP measures are useful to investors and other internal and external users of our financial statements in evaluating our operating performance because it is widely used by investors in our industry to measure a company's operating performance without regard to items which can vary substantially from company to company and helps investors meaningfully compare our results from period to period. EBITDAX should not be considered in isolation or as a substitute for, but instead is supplemental to, income from operations, net income or other income data prepared in accordance with GAAP. Non-GAAP financial measures should be viewed in addition to, and not as an alternative to our reported results prepared in accordance with GAAP. Users of this financial information should consider the types of events and transactions which are excluded.

(a) Total debt less cash, cash equivalents and short-term investments

SOURCE Helix Energy Solutions Group, Inc.

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