



Helix Announces Notification of Formal Release of 2007 Earnings Guidance

December 14, 2006

HOUSTON, Dec 14, 2006 /PRNewswire-FirstCall via COMTEX News Network/ -- Helix Energy Solutions (NYSE: HLX) hereby advises that formal earnings guidance for 2007 will be provided in a press release to be issued around 5:00pm Central Time this evening. At the same time presentation material will be posted in the Investor Relations section of our website, HelixESG.com. That material will then be covered in a conference call to be held at 9:00am Central Time, tomorrow morning, December 15, 2006.

Helix Energy Solutions, headquartered in Houston, Texas, is an energy services company that provides innovative solutions to the oil and gas industry worldwide for marginal field development, alternative development plans, field life extension and abandonment, with service lines including diving services, shelf and deepwater construction, robotics, well operations, well engineering and subsurface consulting services, platform ownership and oil and gas production.

SOURCE Helix Energy Solutions

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