



Helix Announces First Quarter Earnings Release Date and Conference Call Information

April 14, 2023

HOUSTON--(BUSINESS WIRE)--Apr. 14, 2023-- Helix Energy Solutions Group, Inc. (NYSE: HLX) will issue a press release reporting its first quarter 2023 results on Monday, April 24, 2023, after the close of business. The press release and associated slide presentation will be available on Helix's website, www.helixesg.com.

Helix will review its first quarter 2023 results on Tuesday, April 25, 2023, at 9:00 a.m. Central Time via a live webcast and teleconference. The live webcast will be available on our website under "For the Investor." Investors and other interested parties wishing to dial in to the teleconference may join by dialing 1-800-749-1342 for participants in the United States or 1-212-231-2919 for international participants. The passcode is "Staffeldt." A replay of the webcast will be available on our website under "For the Investor" by selecting the "Audio Archives" link beginning approximately two hours after the completion of the event.

About Helix

Helix Energy Solutions Group, Inc., headquartered in Houston, Texas, is an international offshore energy services company that provides specialty services to the offshore energy industry, with a focus on well intervention, robotics and full field decommissioning operations. Our services are centered on a three-legged business model well positioned for a global energy transition by maximizing production of remaining oil and gas reserves, supporting renewable energy developments and decommissioning end-of-life oil and gas fields. For more information about Helix, please visit our website at www.helixesg.com.

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Source: Helix Energy Solutions Group, Inc.