



Helix to Participate in Upcoming Events

December 4, 2019

HOUSTON--(BUSINESS WIRE)--Dec. 4, 2019-- Helix Energy Solutions Group, Inc. (NYSE: HLX) announced today that it will be participating in the following upcoming events:

- Cowen 9th Annual Energy Conference in New York, New York at the Parker New York Hotel on Monday, December 9, 2019
- Capital One Security 14th Annual Energy Conference in Houston, Texas at the Hotel ZaZa Museum District on Wednesday, December 11, 2019

Any investor presentation provided at the conferences will be publicly available and may be accessed under the "Investors" section of Helix's website, www.HelixESG.com.

About Helix

Helix Energy Solutions Group, Inc., headquartered in Houston, Texas, is an international offshore energy services company that provides specialty services to the offshore energy industry, with a focus on well intervention and robotics operations. For more information about Helix, please visit our website at www.HelixESG.com.

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