



Helix Announces Third Quarter 2019 Earnings Release Date and Conference Call Information

October 8, 2019

HOUSTON--(BUSINESS WIRE)--Oct. 8, 2019-- Helix Energy Solutions Group, Inc. (NYSE: HLX) will issue a press release reporting its third quarter results on Monday, October 21, 2019, after the close of business. The press release and associated slide presentation will be available on Helix's website, www.HelixESG.com.

Helix will review its third quarter results on Tuesday, October 22, 2019, at 9:00 a.m. (Central Time) via a live webcast and teleconference. The webcast will be available on our website under "For the Investor." Investors and other interested parties wishing to dial in to the live teleconference may join by dialing 1-800-732-5617 for participants in the United States or 1-303-223-0120 for international participants. The passcode is "Staffeldt." A replay of the webcast will be available on our website under "For the Investor" by selecting the "Audio Archives" link beginning approximately two hours after the completion of the event.

About Helix

Helix Energy Solutions Group, Inc., headquartered in Houston, Texas, is an international offshore energy services company that provides specialty services to the offshore energy industry, with a focus on well intervention and robotics operations. For more information about Helix, please visit our website at www.HelixESG.com.

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