



Helix to Participate in Upcoming Events

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HOUSTON--(BUSINESS WIRE)--Aug. 12, 2019-- Helix Energy Solutions Group, Inc. (NYSE: HLX) announced today that it will be participating in the following upcoming events:

- Heikkinen 2019 Energy Conference in Houston, Texas at the St. Regis Hotel on Wednesday, August 14, 2019
- Barclays CEO Energy-Power Conference in New York, New York at the Sheraton New York Times Square Hotel on Wednesday, September 4, 2019
- Johnson Rice & Company 2019 Energy Conference in New Orleans, Louisiana at the Ritz Carlton Hotel on Wednesday, September 25, 2019

Any investor presentation provided at the conferences will be publicly available and may be accessed under the "Investors" section of Helix's website, www.HelixESG.com.

About Helix

Helix Energy Solutions Group, Inc., headquartered in Houston, Texas, is an international offshore energy services company that provides specialty services to the offshore energy industry, with a focus on well intervention and robotics operations. For more information about Helix, please visit our website at www.HelixESG.com.

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