

Helix to Participate in Upcoming Events

November 30, 2018

HOUSTON--(BUSINESS WIRE)--Nov. 30, 2018-- Helix Energy Solutions Group, Inc. (NYSE: HLX) announced today that it will be participating in the following events next week:

- Cowen 8th Annual Energy & Natural Resources Conference in New York, New York at the Parker New York, on Tuesday, December 4, 2018.
- Capital One Securities 13th Annual Energy Conference in New Orleans, Louisiana at the Windsor Court Hotel on Wednesday, December 5, 2018.

Any investor presentation provided at the conferences will be publicly available and may be accessed under the "For The Investor" section of Helix's website, www.HelixESG.com.

About Helix

Helix Energy Solutions Group, Inc., headquartered in Houston, Texas, is an international offshore energy services company that provides specialty services to the offshore energy industry, with a focus on well intervention and robotics operations. For more information about Helix, please visit our website at www.HelixESG.com.

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