



Helix Announces Third Quarter 2016 Earnings Release Date and Conference Call Information

October 11, 2016

HOUSTON--(BUSINESS WIRE)--Oct. 11, 2016-- Helix Energy Solutions Group, Inc. (NYSE: HLX) will issue a press release reporting its financial and operational results for the third quarter of 2016 on Wednesday, October 19, 2016 after the market closes. After its issuance, a copy of the press release will be available on Helix's website, www.HelixESG.com, by clicking on "For The Investor" and choosing "Press Releases".

Helix will host a conference call to review its third quarter results on Thursday, October 20, 2016 at 9:00 a.m. (CDT). Investors and other interested parties are encouraged to listen to the call via an audio webcast from the "For The Investor" page of our website, www.HelixESG.com. Investors and other interested parties wishing to listen to the conference call may join by dialing 800-618-4645 for persons in the United States and 1-303-223-4398 for international participants. The passcode is "Tripodo".

Investors and other interested parties will be able to obtain the conference call slide presentation prior to the conference call from the "For The Investor" page at www.HelixESG.com by clicking on "For The Investor" and then choosing "Presentations". A replay of the conference call will be available under "For the Investor" by selecting the "Audio Archives" link from the same page beginning approximately two hours after the completion of the conference call.

About Helix

Helix Energy Solutions Group, headquartered in Houston, Texas, is an international offshore energy company that provides specialty services to the offshore energy industry, with a focus on well intervention and robotics operations. For more information about Helix, please visit our website at www.HelixESG.com.

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