

Helix Announces Fourth Quarter 2013 Earnings Release Date and Conference Call Information

January 20, 2014

HOUSTON--(BUSINESS WIRE)--Jan. 20, 2014-- Helix Energy Solutions Group, Inc. (NYSE: HLX) will issue a press release reporting its financial and operational results for the fourth quarter of 2013 on Wednesday, February 19, 2014. After its issuance, a copy of the press release will be available on Helix's website, www.HelixESG.com, by clicking on "For The Investor" and choosing "Press Releases".

Helix will host a conference call to review its fourth quarter results on Thursday, February 20, 2014 at 9:00 a.m. Central Standard Time. Investors and other interested parties are encouraged to listen to the call via an audio webcast from the "For The Investor" page of our website, www.HelixESG.com. Investors and other interested parties wishing to listen to the conference via telephone may join the call by dialing 800-896-0105 for persons in the United States and +1-212-271-4657 for international participants. The passcode is "Tripodo".

Investors and other interested parties will be able to obtain the conference call slide presentation prior to the conference call from the "For The Investor" page at www.HelixESG.com by clicking on "For The Investor" and then choosing "Presentations". A replay of the conference will be available under "For the Investor" by selecting the "Audio Archives" link from the same page beginning approximately two hours after the completion of the conference call.

About Helix

Helix Energy Solutions Group, headquartered in Houston, Texas, is an international offshore energy company that provides key life of field services to the energy market. For more information about Helix, please visit our website at www.HelixESG.com.

Source: Helix Energy Solutions Group, Inc.

Helix Energy Solutions Group, Inc. Terrence Jamerson, 281-618-0400 Director, Finance & Investor Relations